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**END OF SEASON
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March 12, 2016

MIT's Artifact Collection Is a Sight to See!



PHOTO BY EVAN AVILA

Jeremy James examines a fine old basket as Donna Hogerhuis looks on.

If you are interested in seeing some really cool historic bead work, carvings and basketry, there is a lot to discover right here at the Preservation Department in the Philip Starr Building. All tribal members are invited to tour the tribe's artifact collection and use the historic reference library.

There are a variety of things to see, from baskets and beadwork to oral histories, art books, and photographs. The collection has over 850 artifacts, 1,465 books, 1,500 photographs, 1,560 archival documents and other media materials.

"It is very important for all tribal members to know our history," says Tribal Council member Jeremy James, who serves as Preservation Committee Chair. "We need to know who we are and where we came from. We encourage all ages of Tribal members to visit the Preservation program. We welcome each and every one to see the artifacts and books we collected over the years."

Melissa Calvert is the Director of the Preservation Program. The Preservation Committee members are Jeremy James (Chair), Melvin Daniels (Vice-chair), Dennis Anderson, Jackie Swanson, Val Bellack and Willie Murphy. Laura Murphy serves as the program's Archeologist and Warren KingGeorge serves as the Tribal Historian.

The materials are managed by Donna Hogerhuis (Oneida), who has a UW Master's Degree in Museology (museum operations) and has worked for the tribe for 16 years. Donna is available most days for tours and library research. You may stop by her office, Room 174 in the Wildlife / Preservation wing on the ground floor of the Philip Starr Building, or she can be contacted by phone, 253-876-3273, or email at donna.hogerhuis@muckleshoot.nsn.us.

Come Check Us Out!
 More photos are on page 4. Please note that the Preservation Department Reference Library will be closed from April 18-22.



Casino Honors Team Member and Supervisor of the Year

The Muckleshoot Casino held a special Batman-themed celebration that concluded with the unveiling its 2015 Team Member and Supervisor of the Year winners on Tuesday, February 23. The honors went to Training Supervisor Chené DeClercq, and Sound and Light Technician Juan Rivera.

This very elaborate event strives to top itself each year, and again it succeeded in doing so. The costumed cast members were as follows:

- Batman – Shaun Hoyt
- Robin – Seyhak Sou
- Batgirl – Annie Fowler
- Joker – Eric Durban
- Riddler – Dan Vizzare
- Penguin – Conrad Granito
- Alfred – David Schroff
- Commissioner – Gordon Billy Gelak
- Chief O'Hara – Rudi Zeman

TRIBAL COUNCIL HOSTS FIRST TOWN HALL MEETING

By Evan Avila

On Monday, February 22, the Muckleshoot Tribal Council held its first Town Hall Meeting in the Philip Starr Cougar Room.

The purpose of the meeting was to inform attendees of the Strategic Plan Process and Priorities laid out by Muckleshoot CEO Neil Cornelius in conjunction with Tribal Council, and to receive feedback from the community on what should be added to the plan.

The evening started off with conversation and refreshments before Tribal Council member Jeremy James initiated the opening prayer. When the prayer concluded the crowd settled and Mr. Cornelius took the stage.

"What we are doing is talking about strategic planning," he began, "We are talking about doing the right things, for



PHOTO BY EVAN AVILA

Muckleshoot's CEO Neil Cornelius guides the tribe on its path to the future.

the right reasons, doing it in a right way, and getting the right results; all based on a foundation of the right intentions."

The first portion of Neil's presentation explained the priorities that the strategic plan will attempt to reinforce while identifying specific Tribal Council Strategy Owners who

will be in charge of measuring the success of each priority.

Each priority was developed through an internal and external analysis of the strengths, weaknesses, opportunities and threats that the tribe currently faces in order to develop the necessary execu-

Continued on page 2

Emmett Oliver, Quinault Nation's eldest member and Paddle to Seattle founder, passes at age 102

The founder of the 1989 Paddle to Seattle and oldest member of the Quinault Nation has passed on at the age of 102. Emmett Sampson Oliver passed in Edmonds, Washington at 4:19 p.m. on Monday, March 7, 2016, surrounded by members of his family.

"Emmett will be dearly missed. He achieved so much in his life and leaves a legacy that will truly last forever," said Quinault Nation President Fawn Sharp.

Oliver was a member of the committee planning the state's 1989 centennial celebration and, looking for a way to honor the area's original people, he organized the Paddle to Seattle.

He could only dream that it would go on to become an annual tradition that would connect thousands and thousands of Native youth to their culture, and also to their brothers and sisters and elders from tribal nations throughout the entire greater Pacific Northwest.

The Muckleshoot Tribe participated in the Paddle to Seattle, with a crew of young men paddling a cedar canoe carved for the occasion by Louis "Doc" Starr and his son, Marvin "Cubby" Starr. Today, that canoe hangs from the ceiling in the lobby of the Health & Wellness Center.

The seeds planted by the Paddle to Seattle led to the annual Canoe Journeys, in which tribes, mostly from the Pacific Northwest and Canada, paddle the ancient waterways traveled by their ancestors to rendezvous for a week long celebration hosted by different tribal nations each year.

"The physical and spiritual discipline required to participate in the Canoe Journey, and the cultural sharing and traditional teachings that take place during the event, have changed countless lives," Quinault leader Fawn Sharp said. "The fact is that Emmett saved hundreds – if not thousands – of lives."

"It is hard to overestimate the great positive impact that the resurgence of the canoe culture has had on American Indians in this country," she continued. "It has helped so many of our children and adults turn away from drugs and alcohol, and displaced depression and despair,



PHOTO BY JOHN LOFTUS

Emmett Oliver watching from shore as the canoes landed at Suquamish in 2009

replacing them with hope and culture-based principles. People are learning their culture again. They have pride again, and they're staying in school. Emmett Oliver was a true hero among our people."

Emmett Oliver, often seen on the shore with his loving family, was able to witness the growth of the Canoe Journey. His dream was that one day he would witness 100 canoes asking permission to land in a host tribe's territory. He lived to see that dream achieved when Squaxin Island hosted in 2012 and more than 100 canoes landed.

In 2015 there was no host for the Canoe Journey, so Muckleshoot, working with other Salish Sea canoe families, hosted an alternative event – the Youth Canoe Journey – run for and by youth. And who was on the shore to witness their landing at Golden Gardens? Emmett Oliver, then 101 years old.

Emmett Sampson Oliver was born December 2, 1913, in South Bend, the son of a Chinook mother and a Cowlitz father. He attended public school in South Bend, the Tulalip Boarding School, and the Sherman Institute in California, where he was a standout both academically and athletically.

He studied at Bacone College, a two-year Native college in Oklahoma, then transferred on a scholarship to the University of Redland, near Los Angeles, where he receiving a degree in biology and education.

After college, he served in World War II and the Korean War. He also served in the Coast Guard, attaining the rank of Commander.

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PHOTO BY JOHN LOFTUS

GUBERNATORIAL VISIT. Governor Jay Inslee was a recent visitor at the Philip Starr building, where he met with Tribal Council members to discuss a wide variety of issues affecting the tribe. At the conclusion of his visit, he was given a jacket and a hand-carved model canoe made by Tyson Simmons. Pictured, left to right: Mike Jerry Sr., Nick Bennett, Charlotte Williams, Virginia Cross, Gov. Inslee, Jeremy James, John Daniels Jr. and Jaison Elkins.



PHOTO BY EVAN AVILA

Social Security representatives posed with Tribal Council members after touring the Muckleshoot Elders Center

A Letter to the Muckleshoot Tribal Community



Recently, Nancy Berryhill and I had the tremendous honor of meeting with Chairwoman Cross and several important leaders of the Muckleshoot Tribe. Nancy is the Social Security Administration's (SSA) Deputy Commissioner of Operations and was hand-selected by our Acting Commissioner to be SSA's Tribal Consultation Official.

We also had the opportunity to tour your Elders Complex and fully appreciate the number of services provided to seniors and elders. Each detail in the Elders Complex, including the architecture and art, activities, food sovereignty project and natural medicine program reflected genuine concern and respect for the Muckleshoot community.

We look forward to reinvigorating our long-standing relationship and working together to provide timely service and future educational opportunities to members of the Muckleshoot community. Respectfully,

Stanley C. Friendship
Regional Commissioner
Social Security Administration

TOWN HALL MEETING *continued from page 1*

tion plans to make the Tribe as strong as possible.

"The formation of Strategic Priority Teams demonstrates our commitment and willingness to get together and work and get these things down" Neil said.

It was then explained that through public dialogue, tribal members could express problems that they have identified through their experience with existing tribal entities and services in order to restore the voice that community members felt they had lost.

Once the problems had been identified, the next step would be to determine if there is an existing program, service entity, or process that needed to be refined, or if something new needed to be created through the development of a project charter.

When the overview of the Strategic Plan Process and Priorities concluded it was time for tribal members to take the floor.

One of the main topics addressed through the meeting revolved around tribal employment. Questions were raised about the current level of upward mobility provided to tribal member employees, the possibility of enrolling more tribal members in the Adult Work Training Program, and the level of accountability that existing tribal employees need to be held to.

Other issues addressed throughout the meeting included how the tribe will deal with drug issues, health care for the elder community, and economic development, with an emphasis on combating poverty within the tribe.

Emotions ran high as tribal members discussed the change that they would like to see within the community. Tribal Council members, who were scattered throughout the room rather than being seated at a table up front as they are at General Council meetings, listened with open ears and every concern was recorded for later integration to the strategic plan.

It was explained that these changes would not be achieved overnight, but with the continued feedback of the tribal community, positive, continuous progress would be achieved over time.

By the time the clock struck 8:00 PM there were still members who wanted to contribute to the discussion, but time constraints drew the official meeting to a close. Tribal Council members stayed after hours to meet with anyone who felt the need for further discussion, while other community members discussed the evening's proceedings amongst themselves.

If you missed out on this meeting and would like to participate in the next one, it will be held on Monday, March 28 from 6:00 to 8:00 PM in the Cougar Room of the Philip Starr Building. This is your opportunity to make your voice heard and contribute to positive change within the community.



NAWMAC students from the Tribal School recently appeared before the Tribal Council to tell about their program, which stands for Native Americans Who Make A Change. Projects include working with elders, the environment and those in need. See more on page 5.

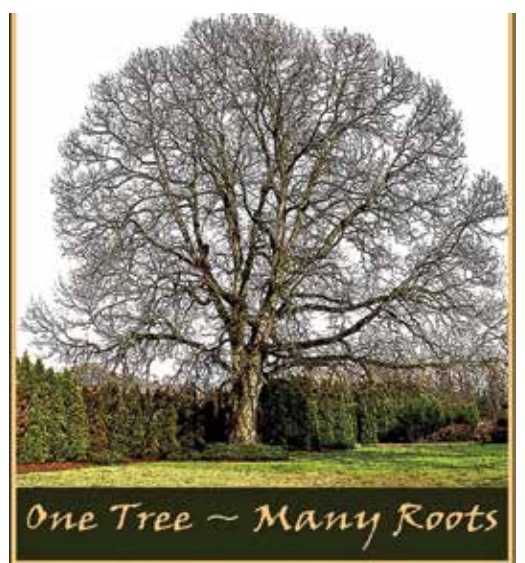
Family Tree Booklet Is Being Updated

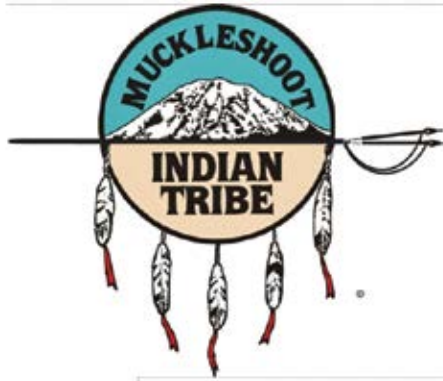
The Tribal Council has given the Enrollment Department of the Community Services Division direction to update the Muckleshoot Family Tree book. The most current edition of the booklet was distributed in 2008. Most families should have received one and it's time for it to be updated.

The intent at this point is to have the community give input into the update of this book, and when you have time and a Family Tree book, please go through it and make changes in the tree from your family. If you have any questions on how to follow your family in this booklet, feel free to contact the Enrollment Department they can also tell you how to do this.

If you do not have a book please let Walter Pacheco know and he can contact you to make sure you will get a copy. This process of updating the family trees in this booklet is the first step in getting the book updated. We will be holding Family Tree Updating sessions periodically. Please monitor the newspaper and look for a table at tribal events.

If you have any more questions regarding this project please contact Enrollment, or Community Services, Walter Pacheco.



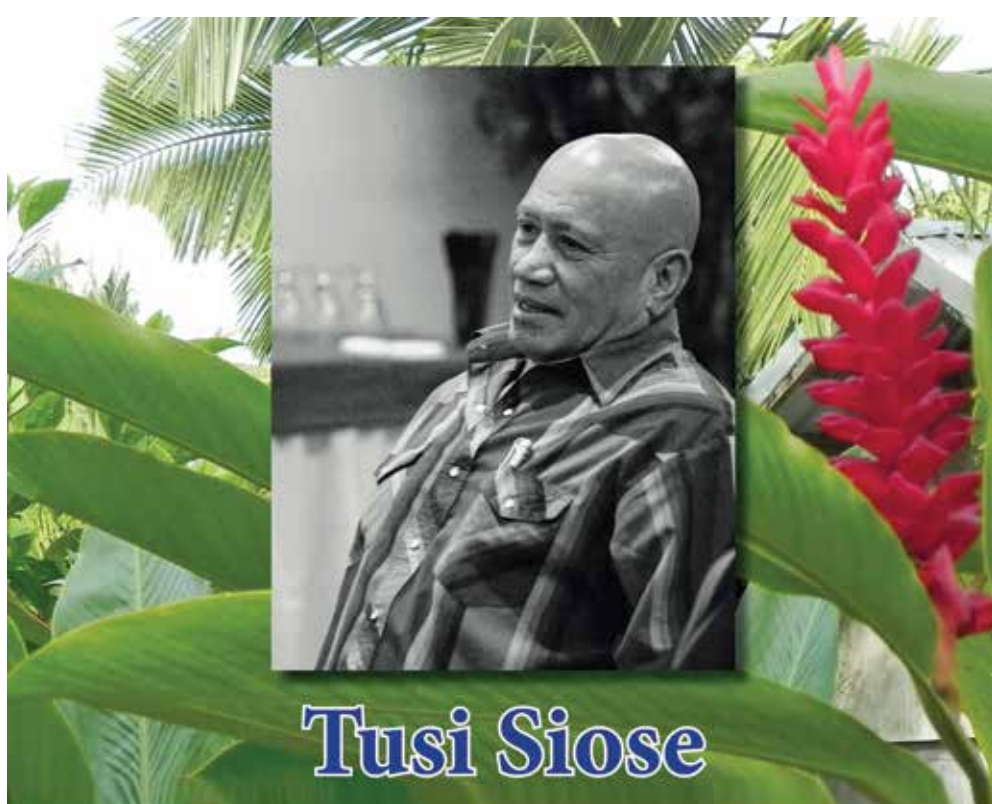


Town Hall Meeting

Monday, March 28, 2016
6:00 PM to 8:00 PM

Cougar Room,
Philip Starr Building

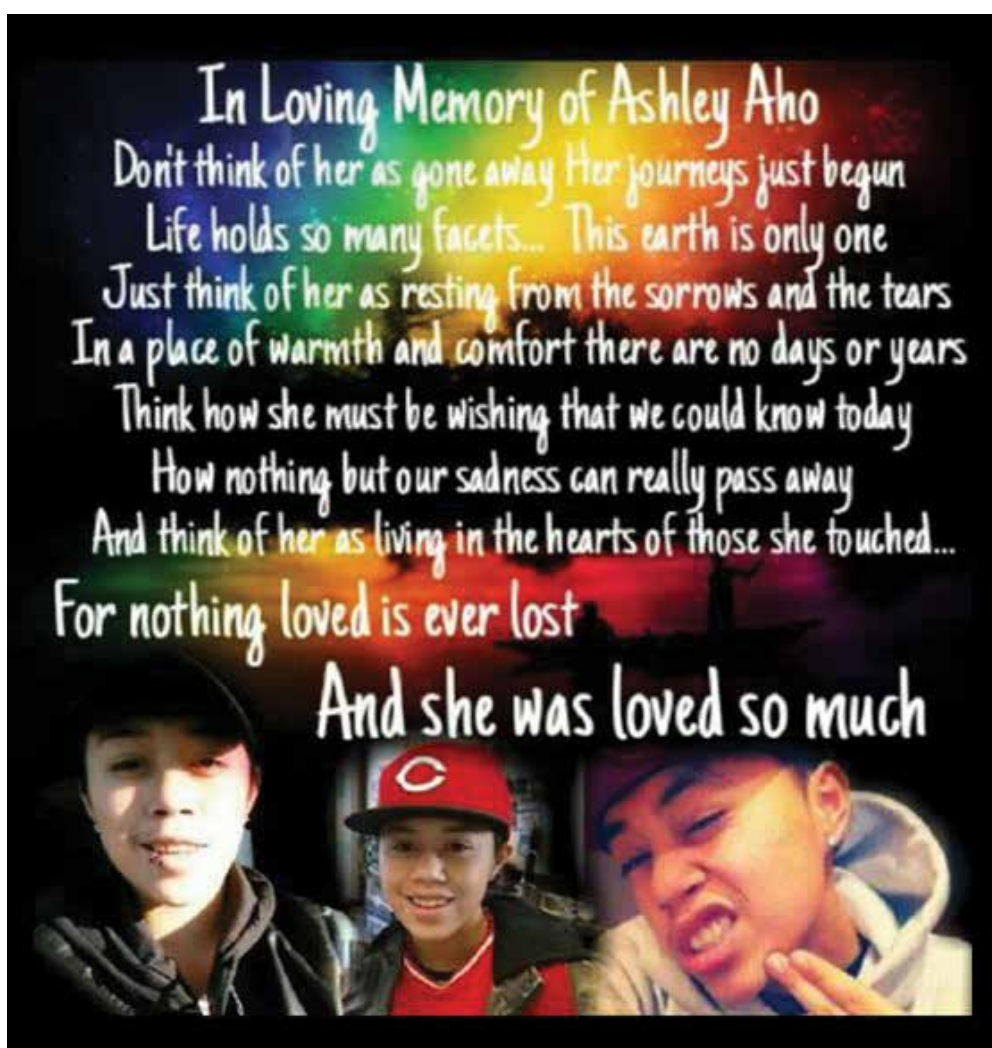
- Refreshments Provided
- Meeting called to order at 6:00pm
- No raffle items



Tusi Siose

"Blessed are the dead who die as believers in the Lord, They will rest from their labor. What they have done will not be forgotten." - Revelations 14:13

There is a miracle called Friendship that dwells within the heart, and you don't know how it happens or when it even starts. But the happiness it brings you always gives a special lift, and you realize that Friendship is God's most precious gift. **TUSI FOUND THIS FRIENDSHIP IN THE MUCKLESHOOT PEOPLE.**



Harold Lloyd Belmont

September 12, 1939 – February 20, 2016
Harold L. Belmont passed away on Saturday, Feb. 20, 2016 at Swedish Medical Center in Seattle, Washington. He was born on Sept. 12, 1939 and was 76 years of age. Services were held February 26 and 27, 2016, at the House of Awakened Culture in Suquamish, Washington.



Charlene Wilbur

Charlene Esther Wilbur passed away Sunday, January 24, 2016. She was born in Santa Monica, California, on February 22, 1962, to William (Bill) and Loreen Wilbur, and lived the majority of her life in the Pacific Northwest with her children: Christal Wilbur, Felix Wilbur (Angela Maguire), and Felicia Lowe. Charlene is survived by her parents, children, grandson Felix Maguire-Wilbur, siblings: Raymond Wilbur (Pam James), Nadine Wilbur, Joseph Wilbur (Yolanda Felix-Wilbur), numerous nieces, nephews, aunts and uncles.



She was preceded in death by her grandparents, James E. Solomon, Lucy (Phair) Solomon, and John and Esther Wilbur; her nephew Joseph Felix Wilbur, and cousin Erin Solomon; her uncles, John Wilbur, Pat Wilbur, Frank Wilbur, Tony Wilbur, and Craig Solomon; and her aunts, Dee Dee Eaton, Geraldine Eileen Cordero, and Rosalee Solomon.

Charlene was a loving mother who valued spending time with her family, entertaining loved ones, and cooking her signature dishes. She loved being a grandmother to her beloved Baby Fee, and bringing her family together through her love for games, especially croquet. A spirited competitor, Charlene enjoyed winning—especially against her sister, Nadine.

As a new student at Northwest Indian College, she quickly became a favorite amongst her classmates, always prepared with snacks and treats to share with her friends. Charlene was a collector of crystal who loved listening to music, capturing moments on her phone, pole fishing, boating, camping, and being in nature.

She had a genuinely loving and welcoming heart, and will be missed by many.



Lillian Delores (Daniels) Aparicio

Lillian Delores (Daniels) Aparicio, 46, of Enumclaw died Feb. 3, 2016. She was born, May 2, 1969 to Leo and Theresa Daniels in Auburn, Washington.

Lillian enjoyed dancing, family dinners, and going on car rides. She also enjoyed animals, camping, bingo, going to the movies, and going to the ocean with her family during the spring months. She was a wonderful cook.

Lillian loved her grandchildren and enjoyed spending time with them. She was a beautiful, loving, and caring person, who had a big heart. She always helped others and was known to the children of the community as "Mama Lilly".

She is survived by her husband, Silvano Aparicio; daughters, Margaret Paul, Catalina Aldana, Elizabeth Aldana, Nicole Daniels, and Juanita Hernandez; sons, Santiago Aldana Jr. and Reginald Daniels Jr. She is also survived brothers, Patrick Daniels Sr., Leo Daniels, II, & Robert Daniels; sisters, Valerie Daniels and Mary Daniels; her father, Leo Daniels, Jr.

She was preceded in death by her mother, Theresa McKay, daughter Helen Paul, and son, Michael Paul.

A Funeral Service was held on Monday, February 8, 2016 at the Muckleshoot Shaker Church, followed by burial at the Courville Cemetery on the Muckleshoot Reservation. Please sign the online guest book at www.weeksfuneralhomes.com



Ashley Elvina Aho

Ashley Elvina Aho, 17, of Auburn, died February 17, 2016. She was born December 3, 1998 to Kaimi & Sunny (Sneatum) Aho in Auburn, Washington.

Ashley enjoyed movies, shopping, dancing, and hanging out with her friends. She also loved basketball, music, and drawing. She was a fun-loving young lady who brought smiles to her family and friends. Ashley was a good student, who received good grades. She was very excited about graduating high school. She will be missed by many.



Ashley is survived by her parents, Kaimi Aho and Sunny Sneatum of Auburn; sisters, Courtney Aho, Lokelani Aho, Kiana Aho, Angelina Aho and Ebony Aho; brother, Kaimi Aho, Jr. all of Auburn. She is also survived by her grandfather, Rodney Moses of Auburn, and numerous aunts, uncles and cousins.

She was preceded in death by her grandmother, Charmaine Sneatum, grandmother, Rose Chun and grandfather, Kaimi Aho, Sr.

A funeral service was held Saturday, February 20, 2016 at the Muckleshoot Pentecostal Church followed by burial at the Old White Lake Cemetery on the Muckleshoot Reservation.

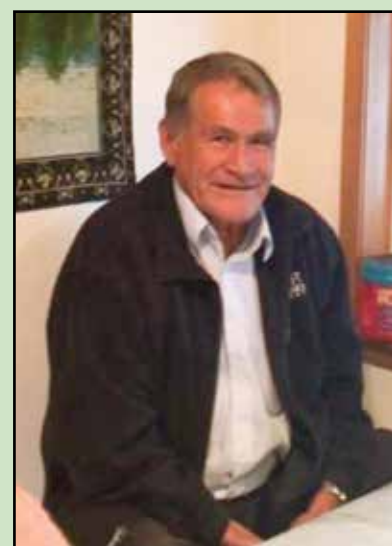
William Wilbur

William "Bill" Joseph Wilbur passed away at his family home on February 6th, 2016. He was born to the late John Wilbur and Esther (James) Wilbur on March 7th, 1940, in Auburn, Washington. Bill was married to Loreen (Solomon) Wilbur on November 21st, 1959, and they lived together on the Lummi Reservation. He is survived by his wife, Loreen; his children, Raymond (Pam), Nadine, and Joe (Yolanda) Wilbur; his brother Levi and sister Vernitta (Dick) Lewis; 10 grandchildren, and five great-grandchildren.

Bill was preceded in death by his daughter, Charlene Wilbur, his grandson, Joseph Felix-Wilbur, his brothers John, Pat, Frank, and Tony Wilbur, and his sister, Dee Dee Eaton.

Bill graduated from La Conner High School in 1959 and received a certification in machining from Santa Monica City College in 1962. In his youth, Bill began commercially fishing in Alaska and later fished herring in San Francisco and then fished with his wife Loreen throughout the San Juan's, he also worked as a machinist for 20 years.

He enjoyed traveling, family vacations to the Oregon Coast and Sun Lakes, trips to Reno, Nevada, and camping. In his leisure time, Bill enjoyed watching game shows. He loved keeping in touch with his friends on the phone, even though he wouldn't admit it. Bill always enjoyed a good laugh, which drew people to him.



Like Father, Like Son: Louis & Colt Potts



PHOTO BY EVAN AVILA

Fisheries Enforcement Chief Louis Potts pins badge on son, Colt.

Although his actions were dignified, the buttons were practically popping off Chief Fisheries Enforcement Officer Louis D. Potts's uniform as he pinned the badge on his son, Colt, in the Muckleshoot Tribal Council Chamber.

A recent graduate of the Federal Law Enforcement Training Center in New Mexico, Officer Colt Potts now joins his father, JC Byars and Paul Rodarte on the MIT fisheries enforcement team.

"It all started when my dad brought me to First Ave." Colt recalls. "I saw what he did, and ever since then, I wanted to be just like him."

It was about 25 years ago that Louie, then working security at the old Bingo Hall, was recruited for his current position, and he's been Muckleshoot's lawman of the river ever since.

Father and son have always been close, and especially enjoy hunting in the mountains. Colt has been walking in his dad's footsteps for many a year.

"Actually, I packed him around on my back in the mountains when he was a baby," Louie remembers, "and everything I did, he just soaked it in."

"I just always wanted to be like my dad - that's all," Colt says with a smile. A very proud day for both father and son.

Tribal Member Mauricio Blanchard Wins Silver Medal At WA State Taekwondo Championships

Muckleshoot Tribal Member Mauricio Blanchard recently won the Silver Medal for Sparring at the Washington State Taekwondo Championships. He will now advance to the USA Taekwondo National Championships, which will be held in Virginia this summer. Mauricio is pictured on the podium with his medal, which was presented to him by the Washington State Grand Master, and also on the edge of the mat as he prepares for a match at the Washington State Championships.



Mauricio at the Washington State Championships



Silver Medal Winner Mauricio Blanchard

Gigantic Mega-Ship Visits Seattle

On Monday, February 29, the largest container ship to ever visit a North American port docked at Seattle's Terminal 18. The name of the behemoth is the Benjamin Franklin and it holds 18,000 containers. Owned by the French-based CMA CGM shipping group and based out of China, it's believed to represent the future of international shipping.

To put the size of this ship into perspective: At 1,300 feet long, it's longer than the Empire State Building; at 177 feet wide, it's wider than a professional football field; and at 197 feet tall, it passed under the Golden Gate Bridge with just 20 feet to spare.

MIT Fisheries officials were present when the mega-ship docked and Fisheries Commission Chair Louie Ungaro was given a tour of the ship as soon as it settled.

The arrival of The Benjamin Franklin raised concerns for Tribal fishers. A ship this size takes up valuable spots where their nets are typically set. Needless to say, the Fisheries Commission and staff will be monitoring these developments very closely and doing whatever is necessary to protect the Tribe's treaty fishing rights.



Parked in the East Waterway, Muckleshoot's treaty fishing grounds.



As this photo demonstrates, the ship is about half the length of downtown Seattle.



The Benjamin Franklin enters the East Waterway against the backdrop of the Seattle skyline.

A few highlights from the Muckleshoot Preservation Collection

PHOTOS BY EVAN AVILA



Jeremy James holds a case containing two arrows and a pistol belonging to Chief Leschi.



Melissa Calvert holds the basket that Minnie Lobehan, sister of Iola, wore on her back in this iconic 1912 photo



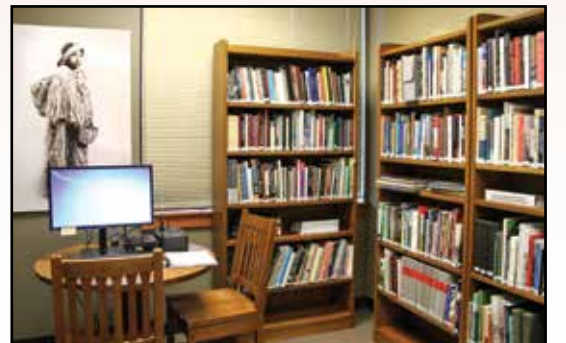
A drawer filled with small hand-carved canoes



Some excellent old woven hats.



A paddle carved by Louie 'Doc' Starr



The Preservation Department's Reference Library

Muckleshoot Tribal School
N.A.W.M.A.C
 Native Americans Who Make A Change
 2010-2016

Making a positive change by serving our community

**MTS STUDENTS
 MAKING A CHANGE.....**

Current MTS Senior Gloria Simmons established NAWMAC in 2010 while in the 7th grade. Gloria wanted to create a venue for youth of the Muckleshoot Tribal School to make positive lasting changes in the community. Since originating in 2010, over 75 students have taken part in dozens of community service projects affecting the Muckleshoot Tribal School, the Muckleshoot Community, Native homeless populations and homeless youth.

KING COUNTY ADOPT-A-ROAD

In 2010 as one of our first community projects NAWMAC collaborated with King County to adopt a road within the Muckleshoot Community. Every year since the group takes pride in cleaning our road as well as other portions of the Muckleshoot.



Adopt-A-Road Team



NAWMAC Group in Philip Starr Bldg lobby after making presentations to Tribal Council.

MUCKLESHOOT CHILDREN AND FAMILY SERVICES

Each year NAWMAC selects a project to benefit MCFS. In 2014 we created 75 comfort packs for children within the MCFS program which included handmade blankets and stuffed animals. This year NAWMAC collected new and gently used Halloween costumes to donate to MCFS children.

HONORING OUR ELDERS

In addition to serving at the annual Elder's Luncheon at Emerald Down's, NAWMAC members have incorporated several projects aimed at honoring our elders. This year's project included baking and delivering homemade cookies to community elders along with invitations to the 2015 Potlatch.



At Spruce Street SCRC, a residence for homeless youth.



Baking Cookies

- CURRENT
 NAWMAC MEMBERS:**
- Kiana Aho
 - Swee-Tub Cayou
 - Jasmine Dorman
 - Erika James
 - Priscilla Jansen
 - Izreal Judson-Elkins
 - Natalie Lessard
 - Elijah Lobehan
 - Darina Louie
 - Katalina Lozier
 - Brian Luangrath
 - Lilliana Ramirez
 - Cecelian Reyes
 - Ayana Redriguez
 - Kalani Thompson
 - Isadore VanBrunt
 - Richie Weed
 - Jeremiah WhiteEagle
 - Kaylee WhiteEagle
 - Shaleen WhiteEagle
 - Kristina Willians
 - Roselene Williams
 - Nevada Young
 - Azela Weed
 - Alvert Vaiiese
 - Rian Keeline
 - Ariana Romo-Rincon



Donald Dorsey is tall enough to take a selfie of 13 people.



Bringing a gift to elder Rabbit Starr



Showing kindness to our Elders

“Be the change you wish to see in the world.”

Mahatma Gandhi



NAWMAC Group at Tribal School



NAWMAC members and MIT charitable giving staff hold 'Thank You' sign from Spruce Street Home.



Muckleshoot Child and Family Services



Tahoma Indian Center in Tacoma



Merry Christmas from NAWMAC!



NAWMAC helps Tribal Elders

Chief Seattle Club
Spruce Street Youth Shelter
Tahoma Indian Center
Outreach Projects

YOUTH CARE SHELTER

Every year NAWMAC focuses a service project on an agency with strong ties to the Native community. This year we have created a care package for the youth of the Spruce Street Youth Shelter. We are currently working on a project for the Tahoma Indian Center which would include creating over 100 comfort packages for the clients of the Tahoma Shelter.



Chief Seattle Club, Pioneer Square, Seattle



Helping People on the streets of Seattle

MIT Scholarship Program
Believing in Education

If you have questions or are in need of assistance, please email or call us!
Phone: 253-876-3378 Email: ScholarshipsDept@muckleshoot.nsn.us

During application periods visit our [online application](http://Scholarship.muckleshoot.nsn.us) to apply.
<http://Scholarship.muckleshoot.nsn.us>

For more info about the scholarship program, visit our [website](http://tinyurl.com/mitScholarshipProgram).
<http://tinyurl.com/mitScholarshipProgram>

Application Periods

| | |
|--|---|
| Winter 2017 Oct. 21st—Dec. 2nd | Summer 2016 April 15th—May 27th |
| Spring 2017 Jan. 20th—March | Fall 2016 July 8th—Aug. 19th |

Need Your GED?

Begin Your GED Journey Today!

MUCKLESHOOT TRIBAL COLLEGE

GED Learning Center

We offer free, guided assistance

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- Instructor Support
- Career & College Guidance

Now Enrolling Adult Learners

Contact
Cary Hutchinson
GED Instructor
(253) 876-3375

Education is not the filling of a pail, but the lighting of a fire.
- William Butler Yeats

Muckleshoot Tribal College
39811 Auburn Enumclaw Road Southeast
Auburn, Washington • 98092
(253) 876-3383
www.muckleshoottribalcollege.org

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the evergreen state college
olympia, washington

RBCD
Reservation Based Community Determined

Evergreen partners with other colleges to offer an Associate of Arts degree. Students can go on to complete a Bachelor of Arts degree at one of several Tribal reservations.

The Reservation Based Community Determined program is an affordable and convenient educational opportunity.

Program Philosophy

- Personal Authority
- Indigenous Knowledge
- Practical Academics

www.evergreen.edu/tribal - 360.867.6286

MUCKLESHOOT TRIBAL COLLEGE

Career and Advisor Counselor

WOULD YOU LIKE TO EXPLORE A CAREER OR EDUCATIONAL OPPORTUNITIES?

I am happy to visit with you and go over:

- What your interest are?
- What kind of College is the right fit for you?
- What field of work you would like to be in, for the future?
- Important deadlines for FAFSA!
- Cost of College: Tuition, Housing, and other student expenses.

CALL, COME IN OR SCHEDULE AN APPOINTMENT!!

For any questions contact:
Donovan Sather
Career/Advisor Counselor
Main: (253) 876.3183
Direct: (253) 876.3210
donovan.sather@muckleshoot.nsn.us

MUCKLESHOOT TRIBAL COLLEGE
39811 Auburn Enumclaw Road
Auburn, WA 98002

COMMUNITY CLASSES

COME & JOIN US: Every 2nd & 4th Tuesday of the Month at 5:30 – 7:30PM

Language instruction with canoe song & dance practice followed by dinner.

Open to all community & tribal employees

Where: Canoe Family building behind the tribal police department (38907 172nd Ave. SE Auburn, WA)

Language Program
Mary Ross 253.876.3306

Culture Program
James Smiskin 253.876.3013

From the Tribal Credit Office....

Bi-Weekly payments vs. Semi-Monthly payments

If you have a loan/s in our program, the payments are set up on a bi-weekly basis. This means there will be 26 payments in a year. The Home Loans are set up on a semi-monthly payment schedule, which means 24 payments are made in a year's time. In the month where there are 3 pay periods, our loan payments will continue as scheduled. The Home Loans will not pull a payment on the 3 pay period of the month.

Good News from the GED Learning Center
GED® Score Change FAQs for Students

The passing score for the GED® test is now 145 instead of 150. What this means for you:

- If you've started taking the GED® test – or are thinking about it – this is great news!

You're more likely than ever to earn your diploma! You now have to score 145 (instead of 150) on each test subject to pass.

- **You won't see your passing status reflected on your score report until March 1.**

While this score change is effective immediately, your score report won't be updated until March 1. **Just know that if you earn a 145 or higher on any test subject, you passed!**

- **If you scored between 145-149 on a GED® test subject in the past, your status has changed from fail to pass.**

Check your email (be sure to check your spam folder too) for a message from MyGED®.

- **There are now three score levels you can earn on your test.** GED® Passing Score (145-164), GED® College Ready (165-174), and GED® College Ready + Credit (175-200). You'll see these score levels on your score report starting March 1.



Muckleshoot Tribal College Community Survey Results

This fall the Tribal College conducted a community survey that you may have completed. In fact, we had 426 surveys completed, and 51 % of participants were enrolled Tribal members.

The Locations of the survey sites varied from community events, to Tribal and local high schools, and the Tribal College. The survey was completed by either paper, or online version, depending on the site and availability of Wi-fi.

Breakdown of Total 426 Survey Results and Survey Sites

| 199 Total Community Surveys | 65 Total College Surveys | 162 High School Surveys |
|--|---|---|
| 72% (140) Enrolled Tribal Members | 42% (27) Enrolled Tribal Members | 39% (50) Enrolled Tribal Members |
| Survey Locations | Survey Locations | Survey Locations |
| Tomanamus Day | Tribal College Classes GED, MOST, NWIC, Evergreen | Schools, Tribal School, Auburn, Enumclaw, Virginia Cross Center |
| Tribal College Family Financial Literacy classes | Tribal College Speaker Series | Tribal College-Family Financial Literacy |
| Tribal Open House | Adult Work Training Program | Tomanamus Day |
| Tribal College Christmas Bazaar | | |

The survey identified the top five programs of interest for the combined community, Tribal College, and high school groups.

Top 5 programs of interest Muckleshoot

1. Indian Studies 31% (130)
2. General Transfer 25% (107)
3. Computer Tech. 23% (100)
4. Business/Ent. 20% (84)
5. Early Childhood 16% (68)

Top 5 Programs at other Tribal Colleges

1. Early Childhood Development
2. Computer IT
3. Native Studies
4. Business
5. Environmental/Natural Resources

Other :

- 59% of adults surveyed had attended various Tribal College programs.
- 51% of high school students plan on attending college directly out of high school.
- 52% of high school student surveyed saw themselves attending the Tribal College.
- 65.5% of adults stated they would be more likely to attend the Tribal College if there were one year certificate programs.

I would like to personally thank all those who completed the survey. Your feedback is extremely valuable to the Tribal College in our planning for new programs.

Additionally, we would like to hear from any of our former graduates. We hope to hear from graduates from any of the programs that have been offered at the Tribal College, including Antioch, Bates, Evergreen, GED, Grays Harbor Community College, MOST programs, and Northwest Indian College. We have an additional follow-up survey for Tribal

College Alumni. In sharing your input you can choose to remain anonymous or share with your name.

Please go to the: Tribal College Alumni Survey

<https://scholarshipprogram.typeform.com/to/ikelgZ>

Please feel free to contact me if you have any questions, comments, or suggestions for future programming.

Cathy Calvert, Ph.D.
Director of Curriculum and Instruction
Muckleshoot Tribal College
253 876-3076

MOST Program: Basic Computer Literacy Students of the Month – January 2016



Adrienne Fulgencio

The MOST Program is proud to announce Adrienne Fulgencio as our Evening Class, Student of the Month. Since her enrollment into our program she has been a diligent and a hardworking student. In addition to her advanced understanding of the material, Adrienne has been a constant delight to have in the class. Mrs. Fulgencio has a keen eye for technology and admirable attendance. Thank you for your commitment to the Muckleshoot Occupational Skills Training Program.

Cory Queahpama

The M.O.S.T. Program is proud to announce Cory Queahpama as Student of the Month. Since his enrollment into our program he has been a diligent and a hard-working student. In addition to his advanced understanding of the material, Cory has been a punctual student. Mr. Queahpama went above and beyond the scope of the class and personified the image of the ideal student. Thank you for your commitment to the Muckleshoot Occupational Skills Training Program.



**ARE YOU CONSIDERING COLLEGE?
DO YOU NEED FINANCIAL HELP?**

Whether you are enrolling in college for the first time or returning to school after a break, apply for federal student aid. Federal student aide can help you cover your education expenses.

**MUCKLESHOOT
TRIBAL COLLEGE**

**2016/2017-FAFSA
Workshops In Room 202**

**March 11th 3pm - 5pm
&
March 25th 10am- 12pm**

~Please Bring the Following Documents~

1. Social Security Card or know your number
2. TAX returns for 2015
3. If you are under 25 years of age you will need parents Tax Returns as well.

If you have questions, please contact Marie Marquez at (253) 876-3382

2016 Per Capita Deadlines and Schedule

| | |
|----------------|--|
| April 30, 2016 | - Deadline for New Direct Deposits to be turned in to Tax Fund |
| May 6, 2016 | - Deadline to stop taking Direct Deposit Changes/Cancellations |
| May 31, 2016 | - Enrollment Cut Off Date for September 2016 Per Capita |
| June 7, 2016 | - Per Capita Distribution Cougar Room |
| June 8, 2016 | - Per Capita Distribution Cougar Room |
| June 9, 2016 | - Per Capita Distribution Finance Building |

Some other important things to note:

- **If you have direct deposit and your account is closed,** you need to let me know. If we submit your payment to your account and it is rejected, we have to wait until the funds are returned to us before we can reissue you a check. This process can sometimes take up to 5 days. In order to get your money in a timely manner, come to Finance and fill out a Direct Deposit Cancellation form.
- **If you turn 13 or 18 during the current quarter, your direct deposit will be cancelled.** You will need to fill out a new form for your corresponding age group.
- **If you are unable to pick up your Per Capita check** and would like someone else to do it for you, you MUST put the request in writing and it has to be notarized. We have forms available in Finance.
- **Please keep your address updated with Finance.** When checks are not picked up during normal distribution, they get mailed the next day to the last address we had on file for you. Payment can be delayed if it goes to the wrong address.
- **If you or a family member is incarcerated during a Per Capita distribution,** please let us know. We will hold your check until we receive something directly from you at the jail to Finance, letting us know what you would like done with your check.

If you have any questions about your Per Capita, please feel free to contact me at 253-876-3189 or via email heather.evans@muckleshoot.nsn.us.

Sincerely,
Heather Evans
Finance Operations Analyst

bəqəʃutucid basics 1

THE LANGUAGE PROGRAM IS OFFERING DAILY
COMMUNITY CLASSES
Open to all ages and community.

Monday-Friday 3:00pm-4:00pm & 5:15pm-6:15pm
Tuesday 12:00pm-1:00pm (lunch provided)

Muckleshoot Language Program Building
39001 172nd Ave. Auburn, WA 98092

For more information

Please contact:
Eilieen Richardson 253-876-3197
Or
Mary Ross JR 253-876-3306

If you would like your youth to attend any of these classes directly after school, please make proper arrangements with their bus transportation to get off at the Language Program.

Parents are responsible for picking up their children when classes are over.

Please notify the Language staff if your child will be attending.



Elementary School Students of the Month for October



Leslie Starr

Leslie is responsible, by coming to school, she shows respect to her elders, respects her peers, most of all she respects herself. She works hard in culture, she is helpful to other students. Leslie also is involved with her culture outside of school by following the Powwow trail. Leslie is an awesome young lady, way to go! Chosen by Ms. Verna!



Karley James

Karley James is the Culture Student of the Month – She is always on task and is willing to help others!

Good Job Karley!!!



Tyrell Nichols

Tyrell has been showing his leadership skills this year. He is making great choices and setting his learning goals high.

Great job Tyrell!!



Ariana Jerry

Ariana Jerry is being chosen for student of the month in Ms. Serroels's class. Ariana always tries her best in everything that she does—from academics to performing arts. She is a true leader that shows kindness and respect to everyone. She is a good friend and is a pleasure to have in class.



Tania Washines

Tania Washines comes to school ready to listen and learn. She asks questions when she does not understand something. Tania gets along well with her classmates and is a respectful student to teach.



LeeLee Rojero

Leeschelle (LeeLee) Rojero is the student of the month for working hard in class, being kind to others, and following school rules. LeeLee always tries her best and takes pride of her work. She is a bright girl who is always ready to learn and is eager to learn new things. LeeLee gets along with everyone and cares about how

other people are treated. She makes the class such a happy place with her positive attitude and willingness to help. Keep up the good work LeeLee!



Tristan James

Tristan is a respectful and responsible student who has earned recognition for his positive choices! He participates in after school activities including sports and homework club. He is responsible with his assignments and homework. He is a caring person and a nice friend to everyone. Thanks for being a great role model Tristan!



Malikai Allen

October's Student of the Month is Malikai. He has really put forth effort towards staying on task and following the CHAMPS rules throughout the day! This has been demonstrated not only by the quality of work that he has been producing, but the knowledge he has been contributing to classroom

whole group discussions! Way to go Malikai and keep up the great work!



Ebony Aho

Ebony is a hard worker and is always doing the right thing. I can always count on her to be a kind friend to her peers. Thank you Ebony for being so awesome!



Beatrice Nelson

In Ms. Struck's classroom, the Student of the Month is Beatrice Nelson. She has 100% attendance and has turned in all of her homework. Beatrice is thoughtful towards others and is helpful. I especially appreciate how hard she works in reading – way to go!



Natalia Riklon

Natalia Rikon is our student of the month. She has been attending school every day. As friend she is always showing her fellow friends how to treat each other with respect. She works diligently on her assignments and tries to make sure her work is done in a timely manner. Natalia is a great role

model for her fellow friends! Way to SHINE, Natalia!!!!



Evan Thompson

Evan is very respectful to his classmates and teachers. He is always eager to help around the classroom. He is a great role-model for his peers. Evan shines bright in his classroom and is always there to help a friend. He is also amazing at coloring and drawing awesome pictures!



Brooklyn Thompson

Brooklyn is Ms. Azure's November student of the month. Brooklyn is an AMAZING kindergartener, she always comes to school ready and excited to learn. Brooklyn is also very responsible; she brings her behavior report to school almost every day and constantly cleans up after herself. GREAT JOB BROOKLYN!



Flora Emery

Flora is the October student of the month. She is always so positive! She always has a smile on her face!

She helps anyone and everyone who needs it; whether it is a hand up, or a hug Flora is helpful!



Elementary School Students of the Month for December



Christopher Wayne

Christopher is Ms. Azure's student of the month. He has amazing attendance, always wears his listening ears and is a good friend to everyone! Congratulations Christopher!



Rock Starr

Our Student of the Month is Rock Starr. Rock has been working really hard this year. He is always very happy and excited to see his friends. We love having Rock in our classroom!!!



Kaylie Elkins

Kaylie Elkins is our student of the month because she has great attendance and a great attitude. She always remains positive and puts her hardest effort forward. Kaylie works diligently to complete all of her assignments on time and finds others ways to occupy herself while she is waiting for her classmates to finish! Kaylie is always positive and treats all of her friends with a lot of respect and kindness. Kaylie tries hard to do her best each and every day! Way to GO KAYLIE!!!



Kaliya Elkins

Kaliya is a hard-worker and creative. She is a role-model to her class and enjoys sharing her ideas. Kaliya makes an effort to show good choices and make a positive difference in our class.



Jayden Williams

Jayden is a hard worker and always does the right thing. I can always count on him to be a caring friend. Thank you Jayden for being a positive role model in our classroom!



T'Ann Daniels

T'Ann Daniels is Student of the Month for November. She had perfect attendance for November and has improved with turning in her homework. T'Ann is a good listener and follows directions. She is always ready to learn!



Larissa Mathias

Larissa is a very responsible and respectful student. She works hard in class for every subject and always does her best on each assignment. She is a member of the performing arts group, she participates in flute, powwow dancing, after school sports, and always remembers her folder and homework. She is nice to everyone and very helpful and caring. She follows instructions the first time and deserves special recognition for being a great role model and leader in and out of class.



Dace Pleasant

Dace Pleasant - Dace has worked hard to become a leader that others look up to. He has made hard sacrifices and been honest with himself and others. I am happy to choose Dace as Student of the Month. He has earned it for putting in hard work.



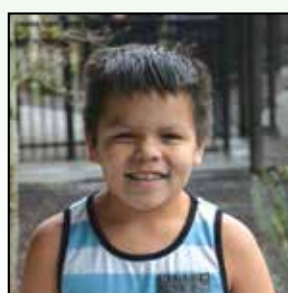
Cameron Williams

Cameron is being selected as student of the month. Cameron is a pleasure to have in class. He constantly has a smile on his face which is contagious to anyone he talks to. He has a strong passion for learning and always does his best work. He is a good friend to his peers. He is a very respectful individual and will go out of his way to help others.



Anthony Magee

Anthony Magee is attentive and works hard in all subjects. He has been a positive and pleasant student to work with. He has also been a positive role model to the other students at circle time. Anthony is a great 4th Grader!



Sage Elkins

I am proud to have Sage as my November Student of the Month. Sage is hard working and he shows care for his teacher and all his classmates. Sage has developed into a leader and has been a positive example for his classmates. I am proud of all the improvements Sage has made and look forward to his continued growth during the school year.



Wyndin Weeks

Wyndin Weeks is our Student of the Month! He has really shown growth in his leadership skills within the classroom, being a great example of following the CHAMPS rules throughout the day! Wyndin is also a great friend to others, always willing to lend a helping hand! Way to go Wyndin and keep up the good work!!!



Muckleshoot Kings Varsity Basketball 2015-2016

I'd like to start by saying how proud I am of these boys this season. We've had a great season and everything is only going up from here. We are a young team and will continue to grow as a team over the next few years. Congratulations to Kobe Courville for being selected to the All-League 2nd team, and Ryan Thompson Jr. for making the 3rd team. A huge thank you to the boys who came out and made MTS basketball history and another thank you for all of the support we received from the community. Go Kings!

Lady Kings show dedication and commitment

The Lady Kings finished the season with a 5-10 record. This was the first time they had played together. These young ladies grew in many ways both on and off the court. I applaud their dedication and commitment to each other and this program. They worked hard and together since Day One.

Myckenzi Courville - 10th grade, **Cedar McCloud** - 10th grade, **Alexis Ho** - 11th grade, **Lashawna Starr** - 12th grade & **Juanita Ortiz** - 12th grade.

As a first year High School Girls Basketball Head Coach I learned so much from them and hope that in return I taught them as much as they taught me. I would like to thank my assistant coach, Florence Starr, for her acceptance and advice throughout the season. I look forward to building this amazing program together.

I would also like to thank each and every one for their continued support throughout the year including the MTS staff, administration, school commission and especially the community members. Go Kings!

Thank you,

Dora Brings Yellow
 Girls Basketball Head Coach



Front: Cedar McCloud, Leslie Starr, Cecelia, Williams. Back: LaShawna Starr, Coach Florence Starr, Resa Starr, Alexis Ho, Alexis Starr, Myckenzi Courville (All-League, 2nd team), Juanita Ortiz, Head Coach Dora Brings Yellow, and Leila Elkins-Jerry.



Muckleshoot Wrestling Team

Wrestling trophies were awarded as follows:

Team Captain:

“Mo” Monique Brace

Most Inspirational:

Alyssa Mercer

Most Improved & Best Pin Award:

Tony Jansen

Best Attitude & Toughness Award:

Alyssa Mercer

Most Aggressive “BEAST MODE” Award:

Shilynn Weir

Best Hips & Wrestling Award:

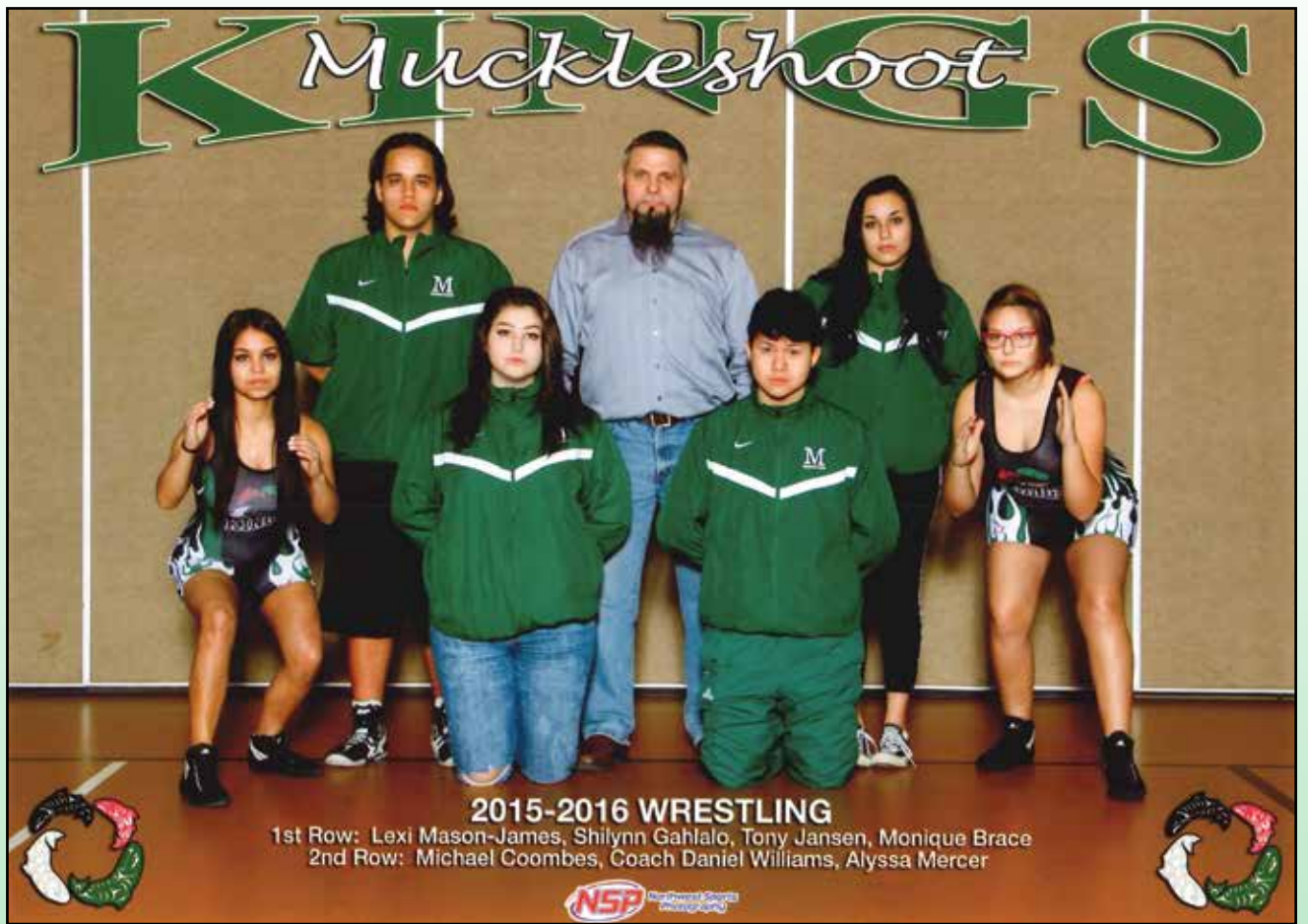
Lexi Mason-James

Best Base & Integrity Award:

Monique Brace

Most Dedicated & Team Awareness Award:

Michael Coombes



2015-2016 WRESTLING
1st Row: Lexi Mason-James, Shilynn Gahlalo, Tony Jansen, Monique Brace
2nd Row: Michael Coombes, Coach Daniel Williams, Alyssa Mercer



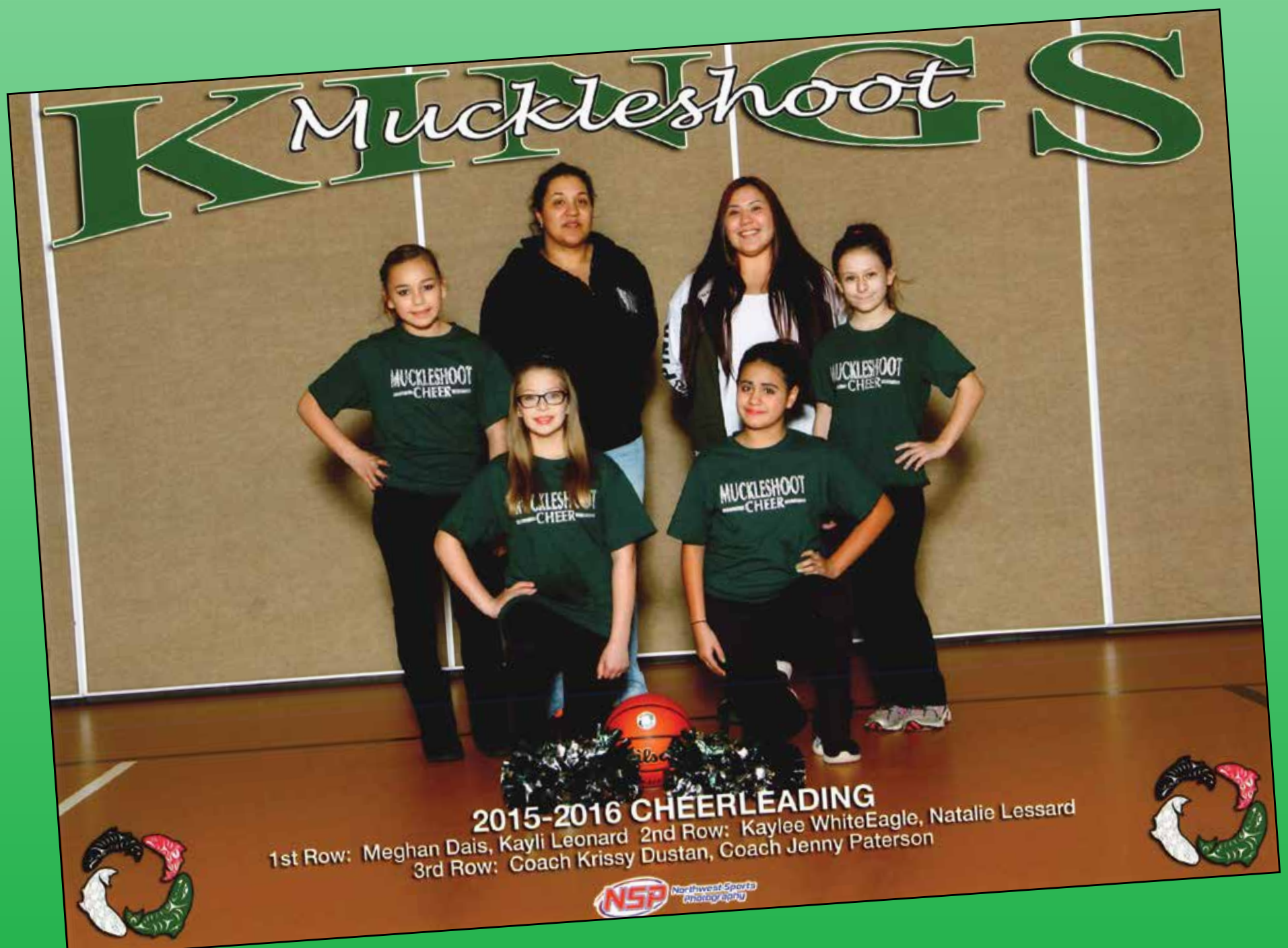
2015-2016 BASKETBALL
1st Row: Jaiden Iverson, Nathan Ward, Joe Emery, 2nd Row: Jack Baker, Chayton Hannigan, Carlos Bennett, Julio Castillo, Marcus Marquard, 3rd Row: Coach Bill Hawk, Darius Nichols, Nolan Sather, Talon Sather, Lamont Nichols, Coach Caleb Williams

Middle School Boys Basketball 2015-2016

The middle school boys’ basketball team had a productive season this year, not so much in record, but in improvement. In the very first game three starters were injured enough that they could not come back and play until the middle of the season, which put a damper on the win-loss record. Two of those first games were overtime losses. However, the team continued to improve and in the last game against second-place Lighthouse Christian, a team that had beaten the Kings previously, Muckleshoot lost another close overtime game.

Team members who finished the season were Darius and Lamont Nichols, Nolan and Talon Sather, Carlos Bennett, Jack Baker, Chayton Hannigan, Marcus Marquard, Jaden Iverson, Joe Emery, Nathan Ward-Hahn, and Julio Castillo. Of the twelve, eight are eighth graders.

~ Coach Bill Hawk



2015-2016 CHEERLEADING
1st Row: Meghan Dais, Kayli Leonard 2nd Row: Kaylee WhiteEagle, Natalie Lessard
3rd Row: Coach Krissy Dustan, Coach Jenny Paterson





MCFS presents
Fatherhood and Motherhood
is Sacred Class


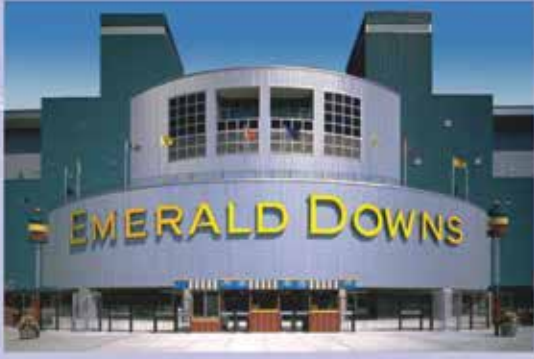
Wednesday evening's from 5:30 to 7:30
From March 9th to June 8th
Phillip Star Building Cougar Room

Some of the topics we will be discussing:

- *Basic fundamentals of parenting skills**
- *Understanding your role as a parent**
- *Using your experiences as a veteran parent to resolve parenting issues**
- *A basic look at Native Cultural Child rearing and how we can apply to contemporary parenting**
- *Strategies and outcomes to use in your personal parenting toolbox**
- *Family support**

Individual case management services as needed
Each class counts as a support group like; AA, NA, etc
Will count as fulfilling open case completed court ordered services

Etene "T" Taimalelagi
253-876-3392

LUNCHEON TIME

PLEASE JOIN YOUR FRIENDS AT MUCKLESHOOT FOR A ELDERS LUNCHEON AT EMERALD DOWNS FOR LUNCH, ENTERTAINMENT, AND DOOR PRIZES! HOPE TO SEE YOU ALL THERE!

WEDNESDAY, APRIL 27TH, 2016
DOORS OPEN AT 10:00 AM
LUNCH SERVED AT 12:00 PM

EMERALD DOWNS
2300 EMERALD DOWNS DR.
AUBURN, WA 98001

FOR FURTHER INFORMATION PLEASE CALL
NOREEN MILNE 253-876-3023
OR
FRONT DESK 253-876-2888

Muckleshoot Elders Complex
17800 SE 392ND ST
Auburn, WA 98092
Phone: 253-876-2888
Fax: 253-876-3061

Focus on the Family

Greetings to all. Here we are in March already. This month I want to share about what we should focus on. First I will share on family. Family is very important or it should be in our lives. How is our relationship family wise? Good, bad or indifferent? Only you can judge yourself and where you're at. Others can presume to judge it but they don't walk in your shoes daily.



Where is your relationship with who should come 1st in your life? The Father above? Our Heavenly Father. When we put our Father in the center of the equation of our lives, personally I've found that life runs more smoothly and your outlook on life is not so negative. We have hope.

Let me add this thought—how do you observe yourself in actions, words and deeds in your working side of life? Have you ever thought about work, be it in the home, the working force of earning a living for yourself and family as a "Privilege" not an unwanted job to find fault about. Focus on these things, and truly examine your inner feelings and thoughts concerning our attitudes in regards to each of these thoughts I've brought forth in this article.

I would ask you to check your attitude concerning family, friends, and your job, whatever that job may be. Where have you put our Father Above in the equation of your life and others? Examine yourself and honestly see if you can bring positive change in any of the categories mentioned. Put a positive focus on life in general.

We must take responsibility for ourselves in all areas of our daily life. In doing it in a positive manner we can bring change for ourselves and possibly for others. Lets walk together and focus on our blessings and as we do so we bring blessings to others. Here's a scripture that speaks so much to me personally. Short Version, (Psalms 144:15 Happy are the people whose God is the Lord)

From my heart to your heart; blessings and much joy unto you.

As Always in Love,

Effie-Jull

Gift Basket Donation

2016 Muckleshoot Elders Luncheon

Attention MIT Depts. & Staff

The Muckleshoot Elders Complex is holding gift basket donation contest. How it works is your department donates a gift basket to the 2016 Elders Luncheon for the Silent Auction Fundraiser.



The Elders Complex will track the baskets that are donated. The basket that brings in the highest bid will win an Indian Taco lunch for their department. The Elders Complex is known throughout the Tribe for their Indian Tacos so it is the best way we can think of to thank you for your efforts!!!

Best Basket=Indian Tacos for your department



For further information contact:
Front Desk 253-876-2888
Noreen Milne 253-876-3023
Wendy Burdette 253-876-3259

Muckleshoot Elders Complex
17800 SE 392nd ST
Auburn, WA 98092
253-876-2888

Deadline to enter a gift basket is Monday April 25th, 2016 at 12:00PM

DONATE RAFFLE ITEMS

THE ELDERS ARE ASKING FOR RAFFLE ITEMS AND DOOR PRIZES FOR THE ELDERS LUNCHEON APRIL 27TH, 2016

Items such as...

- Jewelry
- Beaded items
- Homemade items
- Household items (gently used or new)

MUCKLESHOOT ELDERS COMPLEX

CONTACT: NOREEN MILNE 253-876-3023

ADULT WORK PROGRAM HELPS OUT SENIORS

By Uri Israel

The MIT Adult Work Training Program has been very helpful in providing valuable services to the Elder's Garden Participation Program specifically and in general to the Elder's Complex. Recently the A.W.T.P. helped deliver a chicken coop to an elder, provided a full time worker for the garden projects, and assisted in a variety of projects.



Left to Right: Field Supervisor A.W.T.P., Phillip James; Dustin Jansen and Juan Baker from the Adult Work Training Program deliver a chicken coop to Delbert Star.



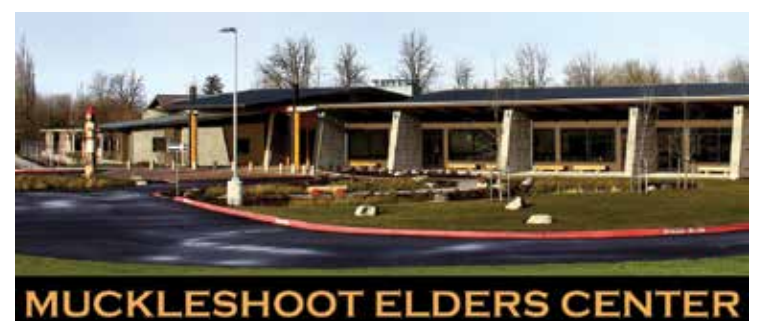
Dustin Jansen helps save a heritage rose from the construction zone for Maurice family and plants it near Joan Maurice's home.



Happy chickens in their new coop.

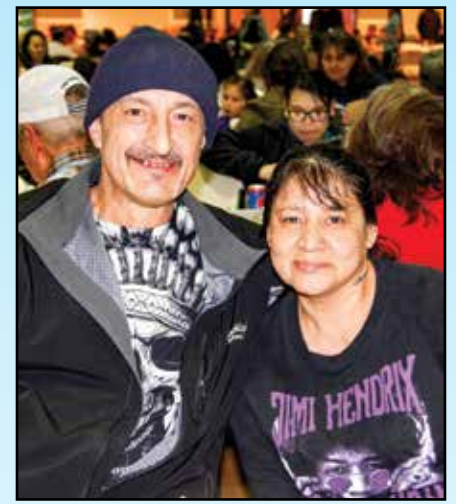
March Birthdays

| | | | |
|--------------------|---------|----------------------|---------|
| Glorianne Adame | 3/30/16 | Thomas McJoe | 3/7/16 |
| Elaine Baker | 3/11/16 | Esther Moses | 3/23/16 |
| Sonny Bargala | 3/20/16 | Janice Moses | 3/21/16 |
| Dale Barr | 3/7/16 | Leah Moses | 3/27/16 |
| David D'Ambrosia | 3/23/16 | Tina Moses | 3/1/16 |
| John Daniels Jr. | 3/5/16 | Bonnie Moses-Sohappy | 3/31/16 |
| Margaret Davis | 3/6/16 | Aletha Ortiz | 3/18/16 |
| Sandra Heddrick | 3/4/16 | Sandra Poulsen | 3/24/16 |
| Bryan Hennes | 3/24/16 | Harriet Ross | 3/23/16 |
| Regina Howell | 3/7/16 | Juanita Sam | 3/8/16 |
| Cheryl Hunt | 3/21/16 | Sophia Spencer | 3/13/16 |
| Ann Jacobs | 3/24/16 | Louis Starr III | 3/5/16 |
| Mark James | 3/13/16 | Joseph Star Jr. | 3/6/16 |
| Raymond Jerry Jr. | 3/3/16 | Patricia Stewart | 3/7/16 |
| Edith Jerry | 3/12/16 | Doreen Thomas | 3/30/16 |
| Gilbert KingGeorge | 3/26/16 | Donna Wallick | 3/29/16 |
| Kenneth Lewis | 3/24/16 | Lavern Ward Sr | 3/16/16 |
| Kelly Lozier | 3/17/16 | Cleo Wilbur | 3/16/16 |
| Leticia Lozier | 3/5/16 | Clinton Wilson | 3/31/16 |



END OF SEASON FISH DINNER

February 26, 2016 ~ Muckleshoot Pentecostal Church



PENTECOSTAL



Doris Allen and everyone who had February birthdays share a cake at a church dinner. Lynda Prince joined the church on her way through to California.



Jeremy Stands Overbull and three students, Asano, Theja and Bebe, from the Supernatural School of Healing, Redding, CA, shared their testimonies and taught classes before each of three nights of prayer.



Kenny receives a gift from Chasity, founder of All Nations North America. She was joined by students of the Spiritual Air Force Academy. Thomas, Curtis Jerry's son, shared his testimony on Sunday morning. He and the other SAFA students prayed for people after the service.



THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS

SERVICES AT 3:00 P.M.
EVERY SUNDAY
IN THE COUGAR ROOM
ALL INVITED

RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

- Dennis Anderson Sr., Minister
- Sandy Heddrick, Assistant Minister
- Carl "Bud" Moses, 1st Elder
- Lee Stafford, 2nd Elder
- Gerald Moses Sr., 3rd Elder
- Teri Starr, Secretary/Treasurer
- Ben Sweet, Traveling Missionary

Muckleshoot Pentecostal Church

Rev. Kenny Williams, Pastor

Sweat Lodge

Doug Moses, 425-301-60811

Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

| | | |
|--------------|------------|---------------------------|
| Sunday | 11:00 AM | Church Service |
| Tuesday | 12:00 | Noon Prayer Meeting |
| Wednesday | 6:30 PM | Bible Study |
| Thursday | 12:00 Noon | Support Group Meeting |
| Thursday | 7:00 PM | Spanish (language) Church |
| Friday | 7:00 PM | Prayer Meeting |
| 3rd Saturday | 10:00 AM | Prayer Meeting |

Please come join us for
MASS & Catechism
At the Muckleshoot Catholic church



Catechism starts at 3:00pm

Mass starts at 5:00pm

As always, enjoy a nice dinner with us

and Father Pat Twohy after Mass

For more info. Please contact me at

Tara.Vasquez@muckleshoot.nsn.us

Or by phone at (253)347-6937

St. Leo The Great

Catholic Mass

Tacoma Kateri Circle of St. Leo Church

710 South 13th Street – Tacoma 98405

Catholic (Native) Mass with

Father Patrick J. Twohy

1:30 pm every Sunday

Circle meetings 2nd and 4th Sunday

Potluck every 3rd Sunday

www.katericircle.com

Facebook: Tacoma Kateri Circle

Native American Political Leadership Program

Full scholarship opportunity for Native American students

The Native American Political Leadership Program (NAPLP) is a full scholarship program designed to give Native American, Alaska Native, and Native Hawaiian undergraduate and graduate students an educational opportunity at George Washington University in Washington, D.C. The program, which receives contributions from AT&T and the AT&T Foundation, awards scholarships based on academic ability, leadership potential and an interest in politics. Native American undergraduate students are eligible and encouraged to apply and can receive assistance in the application process.

What does the NAPLP scholarship cover?

- Tuition and fees for the two core classes, plus an optional third course (up to 9 credit hours total)
- Housing in a George Washington dormitory
- A small stipend for books and living expenses, paid in two installments
- Airfare to and from Washington, D.C. (one round-trip ticket)

AT&T Foundation and the NAPLP

Since 2005, AT&T and the AT&T Foundation have contributed more than \$2.1 million to George Washington University's Native American Political Leadership Program.

Application deadlines

Applications are accepted on a rolling basis. Students should apply to the program as early as possible to ensure maximum opportunities for internships in the Washington D.C. area. Some of the organizations that participate in the internship program include, but are not limited to, the National Congress of American Indians, the National Indian Education Association, the Bureau of Indian Affairs, the National Indian Health Board and the White House Initiative on American Indian & Alaska Native Educators.

AT&T Inc. is committed to advancing education, strengthening communities and improving lives. Through its community initiatives, AT&T has a long history of investing in projects that create learning opportunities, promote academic and economic achievement, or address community needs. AT&T Aspire is AT&T's signature philanthropic initiative that drives innovation in education by bringing diverse resources to bear on the issue including funding, technology, employee volunteerism, and mentoring. Through Aspire, we've passed the \$250 million mark on our plan to invest \$350 million in education from 2008-2017.



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Spring 2017 Semester:
 Program Dates: January 17 – May 5, 2017
 Priority Deadline: October 1, 2016
 Final Deadline: November 1, 2016

Program information and application
<http://semesterinwashington.gwu.edu/naplp>
Bob Bass
 rb3794@att.com
 425-580-5836

Ernest Henry Purcell "Ernie"



Did you know **Ernie Purcell**? Ernie's Sister **May**? His brothers **Allen** or **John**? How about Ernie's older children **Jackson** & **Marilyn**?

Would you be willing to sit down and share your stories?

Ernie's grandchildren are putting together a journal of stories and pictures for Ernie's family and future generations.

We would come to you or meet up someplace comfortable such as the Muckleshoot Elders Complex.

Any and all information would be greatly appreciated.

LeOta Berry and Valerie Segreast can be reached at the Philip Starr Building

Thank you!!!

IMPORTANT NOTICE TO MUCKLESHOOT FISHERS

FIRST AVENUE SPRING CLEANING

Derelict gear abandoned at the tribe's first Ave. properties will be marked with either an orange "X" or green tape. Items include fishing nets, boats, boat & tent trailers, motors, cork & lead lines, tools and outdrives etc.

All marked items must be removed by April 15th. Unclaimed marked items remaining after April 15th will be disposed of by the tribe. No exceptions will be made.

MIT FISH COMMISSION

Any questions please contact the fisheries office at (253) 876-3118

Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School
 Helen Feiger
 Student Support Services Coordinator
 15209 SE 376th St
 Auburn WA 98092
 253-931-6709 Ext 3700

Marty Laronal
 Support Services Manager
 Muckleshoot Early Childhood Education Center
 15599 SE 376th St
 Auburn, WA 98092
 253-876-3056 Ext 3922

Muckleshoot Child Care Development Fund (CCDF)

PUBLIC HEARING

When:
Thursday, March 17, 2016

Time:
Lunch 12:00-2:00pm Appetizers
Dinner 5:00-7:00pm

Place:
Muckleshoot Early Childhood Education Center
15599 SE 376th Street, Auburn, WA 98092

Who Should Attend:
 Muckleshoot Community and Tribal Members

- Agenda:
- Provide input; suggestions, concerns or questions regarding the CCDF Plan
 - Complete a satisfaction survey (enter drawing for completed surveys)

For More Information or to obtain information regarding the CCDF Plan contact the CCDF Office:
 (253) 876-3056 Ext. 3915/3016

**Friday
 March 25
 2016**

**Enumclaw
 High School**

226 Semanski St. S.

**Enumclaw School
 District**

Pow Wow
 21st Annual

Grand Entry 7pm

Vendor Info
 360.802.7689

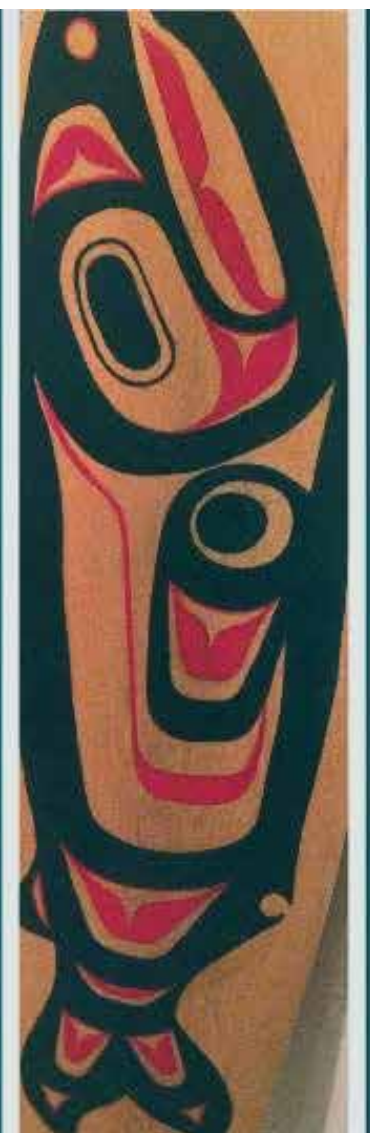
kapiolani_laronal@enumclaw.wednet.edu

Sponsored by: Muckleshoot Indian Tribe



facebook.com/ESDPowwow

[Drug & Alcohol Free Event]



To GIVE help or GET help:
 Call 911 if you or someone you know is in immediate danger.
 Call the Suicide Prevention Lifeline: 1-800-273-TALK (8255).
 Chat online at www.SuicidePreventionLifeline.org.
 Text START to 741741 to chat via text.
 Visit www.wernative.org.
 Talk to trusted elders, healers, friends, family, clergy or health professionals.

Talk to a Counselor @
 Behavioral Health 253-804-8752
 Family & Youth Services 253-333-3605
After Hours
 Crisis Line 1-866-427-4747
 Crisis Line 206-461-3222
 Suicide Line 1-800-784-2433
 Teen Link 1-866-833-6546 (Evenings 6-10pm)

Northwest Portland Area Indian Health Board
www.npaihb.org

THRIVE

This marketing document was developed, in part, under grant number 1U59CE001234 from the CDC. The views, opinions and contents of this publication are those of the authors and contributors, and do not necessarily reflect the views, opinions, or policies of CDC, SAMHSA, or IHS, and should not be construed as such.

Al-Anon Meeting

Adult Recovery House Multi-Purpose Room
 39225 180th Ave SE Auburn WA 98092
Every Thursday from 12:00 to 1:00
Starting February 18th 2016

Are you affected by someone who is drinking or drugging?
 Are they always borrowing money; never paying it back?
 Making excuses, lying or manipulating you?
 Do you want to break the cycle?
 Join us for an opportunity to hear and share Experience, Strength and Hope.



If you have any questions please call
 CeCe Freeman at Muckleshoot Behavioral Health 253.804.8752

Muckleshoot Needle Exchange Program



Muckleshoot Behavioral Health



Services Offered:

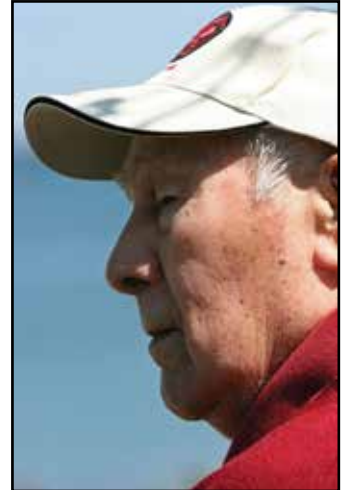
- Exchange used syringes for clean syringes
- Receive safe injection supplies
- Receive overdose prevention education and Narcan
- Receive tips on how to inject drugs safely

This is a non-judgmental service for Injection Drug Users. The purpose of the Needle Exchange is to get used drug injection equipment off of the streets and to keep our community safe!

Mobile unit every Friday from 2 to 4pm
 Starting February 26th, 2016
 Location: Outside of Cedar Village in the old smoke shop parking lot in the HWC Outreach Van
 Any Questions? Contact Carol VanConett at Muckleshoot Behavioral Health: 253-804-8752

EMMETT OLIVER *continued from page 1*

He directed the Indian Student Center at the University of California Los Angeles and the Indian Student Program at the University of Washington, and went on to serve as supervisor of Native American education for the State of Washington.



Emmett Oliver

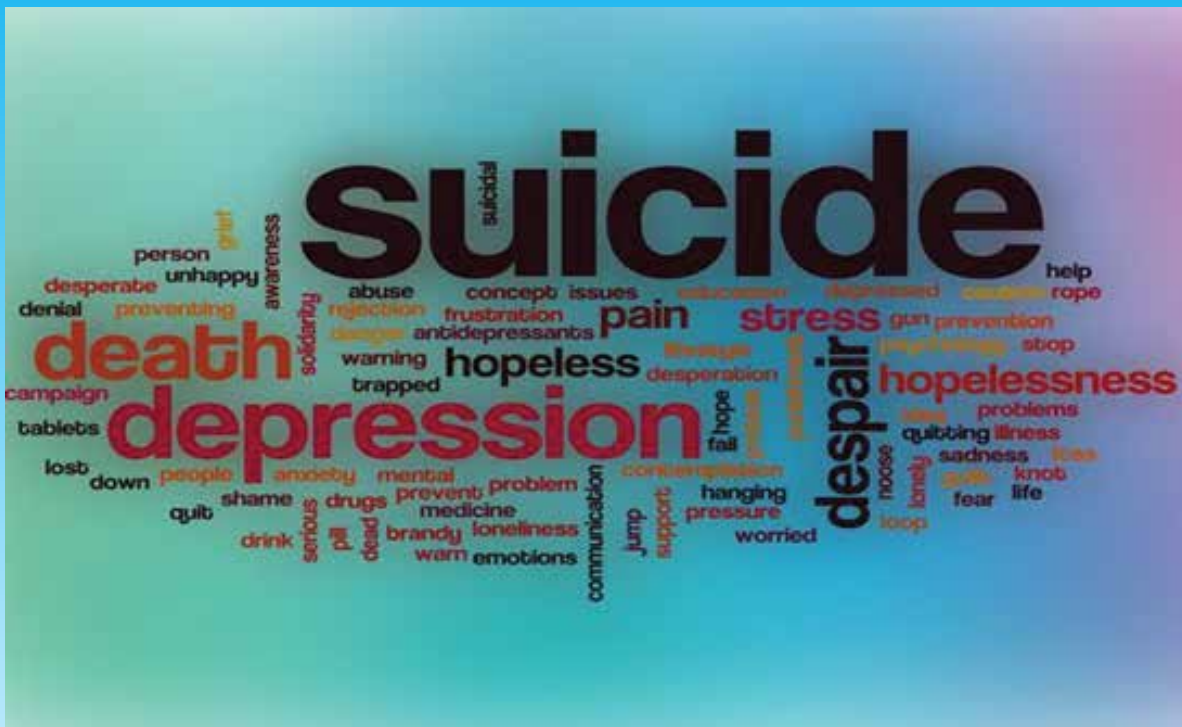
Mr. Oliver worked hard to change tribal educational policy at the state and national levels, as well as at the local level, at a time when Native community involvement in the education of their children was making great strides.

While teaching in the San Francisco Bay Area, he was chosen as chairman of the Bay Area Native American Committee, which was involved in the occupation of Alcatraz, demanding that the site – closed and declared surplus federal property – be returned to Native Americans.

His achievements are too numerous to mention. Suffice it to say that his was a very long life, exceedingly well spent.

Mr. Oliver and his late wife, Georgia, had three children. His son Arne preceded him in death. He is survived by noted artist Marvin Oliver of Seattle (designer of the Muckleshoot Pendleton blanket) and daughter Marilyn Bard of Kingston, nine grandchildren, eight great-grandchildren and one great-great grandchild.

His memorial service, held on Saturday, March 11, at Chief Leschi School, was one of the largest ever. Canoe families from near and far were in attendance, and in a very real and special way, Emmett Oliver was a father to each and every one of them.



Warning Signs of Suicide:

- Depression • Talking or writing about death or suicide • Feeling hopeless • Feeling helpless
- Withdrawing from family & friends • Strong anger or rage • Abusing drugs/alcohol • Acting impulsively
- Feeling trapped - like there is no way out of a situation • Dramatic mood changes • Acting recklessly
- Losing interest in most activities • Giving away prized possessions • Feeling excessive guilt or shame

Sometimes there are no warning signs at all but more than 75% of the time, there is one or more!

What to Do to Help Someone You're Worried About:

Always take suicidal comments (verbal or written) very seriously!

Do not assume the comments are for attention or assume they're a joke

If someone is showing warning signs, ask them if they're thinking about suicide!

You aren't going to put the idea in their head by asking but you are going to move closer to getting them help

Remain calm! It's hard to hear someone you love talking about ending their life but you will be a bigger help to them by being calm so they can open up instead of clam up

Don't keep the information a secret! Being trustworthy is important but breaking trust to save someone's life and get them help is much more valuable and always forgivable

Get them help right away! Waiting can be a matter of life or death. Get help right away

Help for yourself or someone else:

If you or someone you know is in Immediate Threat of Suicide:

Call: 9-1-1

Talk to or tell a counselor:

Behavioral Health Program: (253) 804-8752

Family and Youth Program: (253) 333-3605

After Hours:

Crisis Line: 1-866-427-4747

Suicide Line: 1-800-784-2433

Teen Link: 1-866- 833-6546 (Evenings 6pm-10pm)

Your Life Matters. Get Help for Yourself Or For Someone You Love



Nikki's Diabetes Corner

By Nikki Grimwood RN, Diabetes Nurse at HWC

Sleep Apnea

How much sleep are you getting? Constantly over tired? Staying up to late? Do you snore loud?

Many people with diabetes also suffer from obstructive sleep apnea (OSA). Sleep apnea is a condition that makes you stop breathing when you are asleep. People with Sleep Apnea do not know that they stop breathing when they are asleep but they do sometimes wake up startled or gasping for breath. They also hear from loved ones that they snore. Sleep can be restless and on awakening people can feel unrefreshed or groggy and also have fatigue throughout the day.



Untreated sleep apnea can increase your risk of having high blood pressure and even having a heart attack or stroke. Also, it is known that lack of sleep can increase a person's cortisol (stress hormone) level which can then lead to high blood sugar in those with diabetes. People that have chronic pain can have worse pain due to untreated sleep apnea. Research continues to show a variety of consequences that too little sleep can have on a person's weight, insulin sensitivity, and overall health.

Although anyone can have sleep apnea, the greater risk factors include:

- Being male
- Smoking
- Being overweight

Treatment begins with finding out the reason why you are not sleeping well. Treating sleep apnea reduces insulin resistance, improves alertness and leads to more stable blood sugar levels in controlling diabetes.

Testing for sleep apnea can be completed with your doctor by performing an overnight sleep study. This monitors oxygen levels, breathing patterns, heart rate, eye movement and chest/belly movements. An overnight sleep study can be done at home most of the time, but sometimes needs to be done in the hospital.

If sleep apnea is discovered, a breathing machine (CPAP, BIPAP) is used to help restore the reflex that signals your body to breathe. Other methods for treatment include: Losing weight (5-10 lbs. is good start) and to stop smoking. Simply getting more sleep, even an extra 45 minutes could not only help you lose weight but also help you reduce your A1c.

If you answer yes to two or more of following questions below make an appointment with your doctor to talk about sleep apnea.

S-Do you snore loudly? Enough to be heard through closed doors.

T-Do you feel tired, fatigue, or sleepy during daytime?

O-Has anyone observed you stop breathing during your sleep?

P-Do you have or are you being treated for high blood pressure?

SICK AND DON'T WANT TO WAIT LONG HOURS IN A HOSPITAL E.R.?

There are local Urgent Care Medical Centers that can help you.

Sore Throat, Ear Ache, Ankle Injury, Upper Respiratory Infections:
These are just a few of the conditions they can help you with.
They can also do lab work and x-rays, if needed.

If you decide to go after 5:00pm or on the weekend,
CHS does consider this as an emergency room visit.

**You must call CHS office for
PO numbers within 72 hours/3 days of being seen.**

CHS OFFICE – 253-939-6648

If you are too sick to call, a family member or friend can call for you.

SOME URGENT CARE CENTERS YOU CAN CALL TO CHECK THE WAIT TIME

MULTICARE URGENT CARE – AUBURN

202 Cross Street SE | Phone: 253-876-8111
Hours: Monday – Friday, 8:00am – 7:30pm
Saturday & Sunday, 8:00am – 3:30pm

MULTICARE URGENT CARE – KENT

222 State Ave N | Phone: 253-372-7788
Hours: Monday – Friday, 9:00am – 8:30pm
Saturday & Sunday, 9:00am – 4:30pm

MULTICARE URGENT CARE – COVINGTON

17700 SE 272nd St @ Wax Road | Phone: 253-372-7020
Hours: Monday – Friday, 8:00am – 7:30pm
Saturday & Sunday, 8:00am – 5:30pm

VALLEY MEDICAL CENTER – COVINGTON

27500 168th Place SE | Phone: 253-395-2006
Hours: Monday – Friday, 8:00am – 8:00pm
Saturday & Sunday, 8:00am – 4:00pm

09/01/15 MI URGENT CARE NOTICE



ZIKA VIRUS

WHAT IS THE ZIKA VIRUS?

It is a virus that is spread to people through mosquitos. If you are pregnant and infected with this virus it can lead to babies being born with birth defects. Cases of Zika reported in the Caribbean, Mexico, South America, Central America, Cape Verde, American Samoa, Western Samoa and Tonga.



THINGS YOU NEED TO KNOW

Pregnant females who have traveled to the areas with confirmed Zika infection should consult their Obstetrics (OB) provider.

Male partners of pregnant women who have traveled to the affected areas should either abstain from sexual intercourse or use condoms until the baby is born.



If you are pregnant and traveling to the affected areas; use insect repellent while outside, drain any standing water, limit outdoor activities at dusk and dawn when mosquitos are most active.

If you have any questions, contact the HWC Medical Clinic at 253-939-6648 during normal business hours.

American Indian & Alaska Native Trust Income and MAGI: How it is used to figure if you Qualify for WA Apple Health (aka: Medicaid) and other Low Cost Health Insurance

Q: What is MAGI: (Modified Adjusted Gross Income)?

A: MAGI is your adjusted gross income as determined for Federal Income Tax purposes with certain income subtracted out.

News you can use!

Q: Ever wonder why we ask about your Income?

Q: What is the purpose of MAGI?

A: MAGI is used to determine eligibility for Medicaid and other Health Insurance Plans offered through the Health Plan Finder/Marketplace.

Q: Are there special rules for calculating MAGI for American Indians and Alaska Natives (AI/ANs)?

A: Yes. MAGI is based on taxable, adjusted gross income that is reported to the Internal Revenue Service (IRS). Because some income received by AI/AN is non-taxable it is excluded in figuring the MAGI.

Q: What types of AI/AN income are usually exempt from MAGI?

- Distributions from Alaska Native Claims Settlement Act (ANCSA);
- Distributions from trust/reservation property;
- Income from related to hunting, fishing, and natural resources;
- Student financial aid from the BIA and/or Tribes;;
- Government income based on need such as SSI (Supplemental Security Income);

Q: Is my Tribal (gaming) Per Capita or Senior Income excluded from MAGI?

- No, Gaming Per Capita & Senior Income payments are taxable and must be included in your MAGI.

**For more information stop by the Managed Care Department
At the Muckleshoot Health & Wellness Center
17500 SE 392nd Street
Auburn, WA 98092**

HOUSING/SHELTER RESOURCES

Catholic Community Services – Home & Arise

Men's Shelters
Phone contact: (253) 854-0077 Ext: 2
Locations: St. Anthony's Church, 314 S 4th St., Renton, WA, 98057 OR Kent Family Center, 1229 W Smith St, Kent, WA, 98032
Coordinates two case-managed shelter programs for men, ages 18 and older. Shelters hosted by congregations in Kent and Renton; average stays of 6-12 months. No fees. Please call ahead.
Renton In-take (walk-in only): Tu & Th, 1-3pm.
Kent In-take (walk-in only): M & W, 1-3pm & 5-7pm; Tues & Th, 3-5pm.

Union Gospel Mission – Hope Place

Shelter for Single Women, Women with children
Phone contact: (206) 628-2008
Location: 3802 S Othello St, Seattle 98118
Provides shelter for women, with or without children. Includes mandatory spiritual activities. No fees. CALL for screening, M-F 8:30-9am.

Catholic Community Services

Single Men & Women's Shelter
Phone contact: (253) 572-0131
Location: 1142 Court E Tacoma Ave S, Tacoma, WA, 98402
Provides a safe place where men and women experiencing homelessness can get a good night's sleep, respect, and begin a process of generating income and becoming housed. Open 5pm-7am.

Multi-Service Center

Family Shelter (Moms, Dads, & Kids)
Phone contact: (253) 854-3437 Ext: 104
Location: 515 W Harrison St, Kent, WA, 98032
Emergency shelter for homeless families with children, ages 17 and younger; priority for families of 4+ All families may apply. LEAVE A MSG. AT LEAST TWICE PER WEEK until call is returned.

Auburn Youth Resources

Youth Shelter
Phone contact: (253) 833-5666
Location: 816 F Street Southeast, Auburn, WA 98002
Provides shelter for homeless youth, ages 10 through 17, in south King County. Written parental consent required for 72-plus hour stay. Sliding scale fees, may be free. Call for screening: 24 hours daily.

YWCA – South King County

Family Shelter (Moms, Dads, & Kids)
Phone contact: (425) 255-1201
Location: Families housed in independent apartment units in Kent, Renton and Auburn areas.
Call for availability. Leave a message DAILY, until call is returned. 24-hour voicemail

MIT HWC Stop & Shop New Service !!!

New Stop & Shop service :

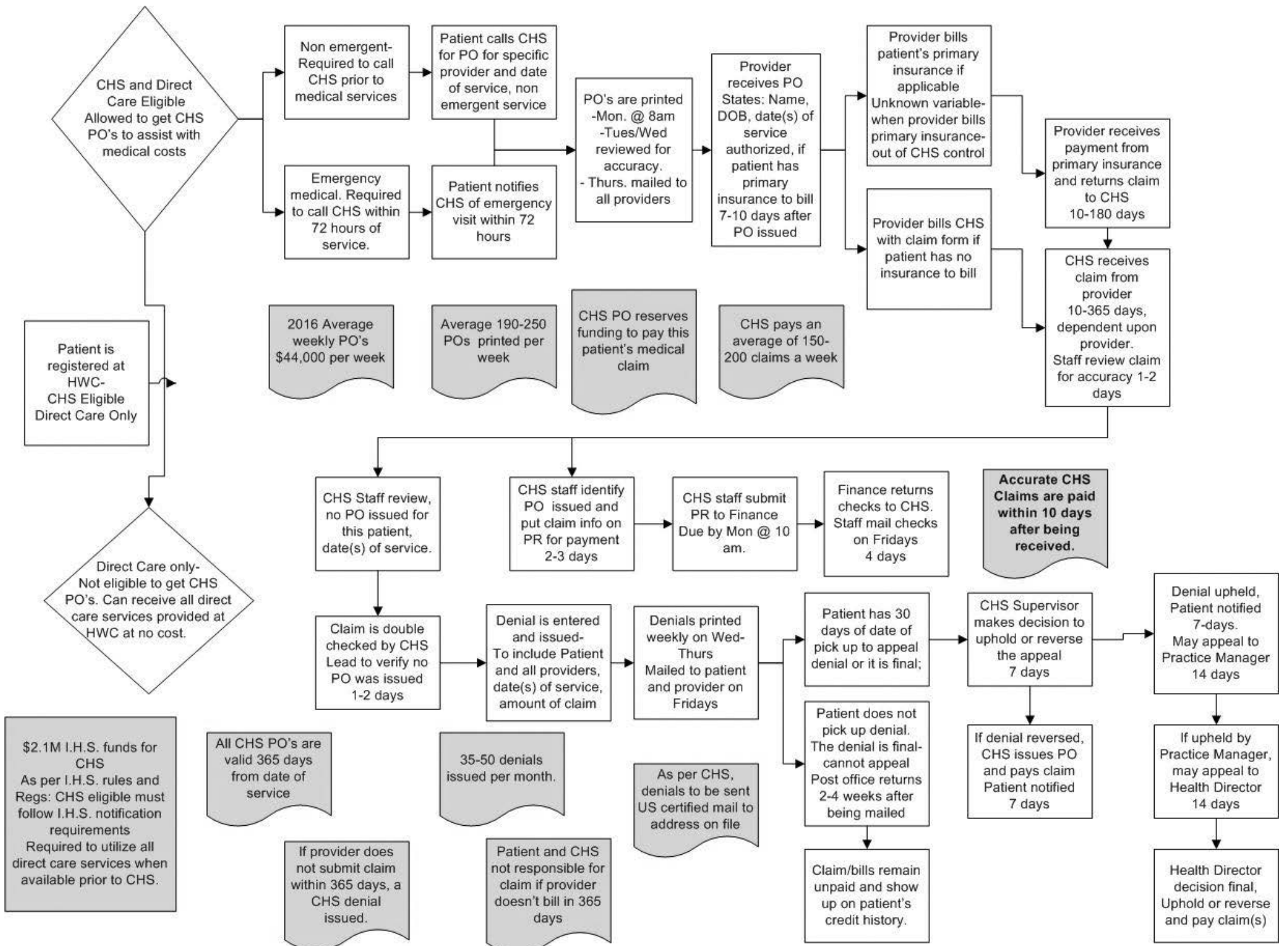
To & from Enumclaw Safeway & Auburn Walmart
Every Tues & Thurs round trips to each of these stores
Starts at noon until 9:00 p.m.
The last pick up run is at approx. 5:10 pm.
Pick up is at the usual bus stops.



NOTICE:

The Feathered Healing Circle
will begin meeting on Thursdays
at 5:00 PM –
Cynthia Lozier

How a CHS PO is Processed



Is your Narcan Kit Expired?

Please Check the Expiration Date on your Narcan Kits!!!!

If expired please come get a new one at:

- MIT Behavioral Health 253-804-8752
- MIT Pharmacy 253-333-3618

If you have questions or you are concerned please feel free to call Megan Gifford at 253-804-8752



Expiration Date is Located on the Vial

Domestic Violence Services & Resources

Muckleshoot Behavioral Health Program

17813 S.E. 392nd St. Auburn, WA 98092
(253) 804-8752

OTHER RESOURCES

- National Domestic Violence Hotline: 1-800-799-7233 (24 Hr)
- Washington Domestic Violence Hotline: 1-800-562-6025
- DAWN Crisis/Advocacy: 425-656-7867 (24 Hr)
- King County Sexual Assault Center: 1-888-998-6423 (24 Hr)
- Crisis Clinic: 1-866-427-4747 (24 Hr)
- Seattle Indian Health Board: 206-324-9360

SERVICES WE PROVIDE

- Safety Planning
- Individual & Family Therapy
- Weekly Support Group
- Emergency Housing
- Assistance Obtaining Protection Orders
- Court Advocacy & Transportation
- Legal Referrals
- Individualized Resources
- Emergency Supplies
- Help Navigating Legal & Social Systems

These services are available to all victims of domestic violence or sexual assault, men and women, any age

Contact Behavioral Health if you or a loved one are affected by domestic violence, and we will assist you in getting help and support. Please don't wait, get help today!

Health & Wellness Center Program Hours

| | Pharmacy | Wellness Center | *Shuttle Service |
|-----------|---------------------|-----------------|------------------|
| Monday | 8-5 pm | 8-6 pm | 10 am-8 pm |
| Tuesday | 8-5 pm | 8-6 pm | 10 am-8 pm |
| Wednesday | 9-5 pm | 9-6 pm | 10 am-8 pm |
| Thursday | 8-5 pm | 8-6 pm | 10 am-8 pm |
| Friday | 8-5 pm | 8-6 pm | 10 am-8 pm |
| Saturday | | | 10 am-2 pm |
| Sunday | All Programs Closed | | |

*There is no Shuttle/Bus service from 11-12 pm M-F.

| Program Name | Phone No. | Closed-Lunch |
|--|----------------|--------------|
| Main Number to HWC | (253) 939-6648 | 12:00-1:00 |
| Behavioral Health (Mental Health & Chemical Dep) | (253) 804-8752 | Open |
| Family & Youth BH Services | (253) 333-3605 | Open |
| CHS/Registration Office | (253) 939-6648 | 12:00-1:00 |
| Community Health/CHRs | (253) 939-6648 | 12:00-1:00 |
| Dental Clinic | (253) 939-2131 | 12:00-1:00 |
| Medical Clinic | (253) 939-6648 | 12:00-1:00 |
| Optical Clinic | (253) 735-2020 | 12:00-1:00 |
| Pharmacy | (253) 333-3618 | Open |
| Recovery House | (253) 333-3629 | Open |
| Shuttle/Bus Service | (253) 939-6648 | 11:00-12:00 |
| Wellness Center | (253) 333-3616 | Open |
| WIC Thurs Only 8-4:30 | (253) 939-6648 | 12:00-1:00 |

Health & Wellness Center Program Closures March, April & May 2016

| Day | Date | Times Closed | Reason for Closure |
|--------|----------|--------------|--|
| Thurs | Mar 3rd | 8-9 am | Monthly All Staff Meeting |
| Friday | Apr 1st | All Day | Tribal Holiday-Muckleshoot Sovereignty Day |
| Thurs | Apr 7th | 8-9 am | Monthly All Staff Meeting |
| Thurs | May 5th | 8-9 am | Monthly All Staff Meeting |
| Mon | May 30th | All Day | Memorial Day |

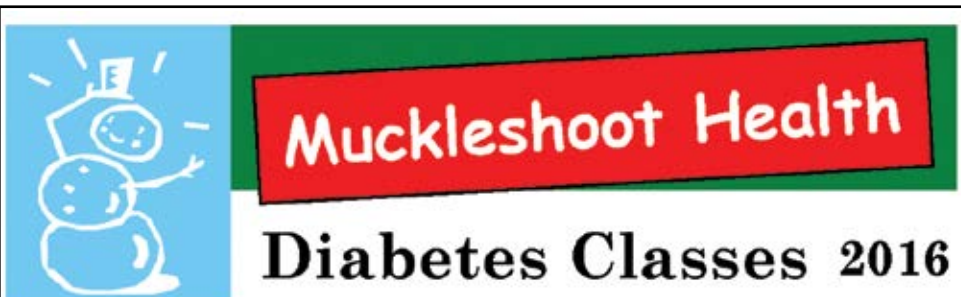
Muckleshoot Money Skills for Life

The Muckleshoot Housing Authority is offering "Muckleshoot Money Skills for Life" class April 21st and 22nd at the new Muckleshoot Housing Authority Training Facility. Please call Cheryl O'Brien (253-876-3154) or Michelle Leverenz (253-876-3386) or email Cheryl.O'Brien@Muckleshoot.nsn.us or Michelle.Leverenz@Muckleshoot.nsn.us to sign up for the class.

"Muckleshoot Money Skills for Life" Course consists of two half-day sessions, from 12:00 pm to 5pm on April 21st and 22nd. Some key points participants will cover are:

- How to budget monthly spending;
- How to improve your credit score;
- The wise approach to "big ticket items" of your financial life – cars and housing;
- Why it's important to begin planning for your future EARLY;
- Investments and 401K;
- Why the wisest way to invest turns out to be one of the easiest; and
- What the REAL benefit of making sound financial decisions is. (Hint: it's not about the money!).

If you wish to attend the 2 half day sessions please contact Cheryl or Michelle. If you are unable to attend we plan to offer additional classes in the future.



Muckleshoot Health Diabetes Classes 2016

Education Classes starting February 2016.

| Scheduled Topics | Date |
|-----------------------------|------|
| February Heart disease | 10th |
| March Kidney disease | 9th |
| April Nerves | 13th |
| May Medications | 4th |
| August Foot, eye, dental | 10th |
| September Physical activity | 14th |
| October Immunizations | 12th |

It's a new year and that come with many new life choices, let this year be all about you!

We are kicking off the Diabetes Education Classes to start in February 2016.

Come learn more about Diabetes care and ways to prevent it while earning points towards living healthy.

Start out by learning the difference between medications and how to handle low to high blood sugars. Also, to assist getting you back on track and refresh

Diabetes whether you've had education or not. Provide essential tools for healthier eating; carbohydrate counting and label reading. Lastly, knowing the steps you can take to reduce your risk of developing eye, feet, heart, kidney, and nerve complications.

Come to class to learn more about how to best care for yourself with diabetes from head to toe.

Earn your points throughout the year!!

Ways to earn Incentive points:

- Attend monthly education classes
- Complete all yearly lab work and appointments with your doctor.
- Get in for individual teaching with Diabetes Nurse and Nutritionist.
- Being more active
- Take medications daily
- Healthy eating

Where Health and Wellness Center-Mountain Room.
Time: 10am-11am 3pm-4pm
Contact Nikki, RN or Emilie Price, CHR.
1-253-989-6648

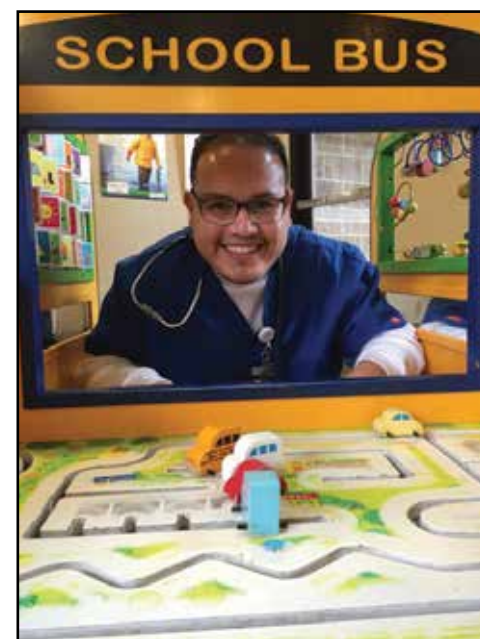
Say Hello to Jesse Robles at the MIT Health and Wellness Center!

My name is Jesse Robles and I'm one of the Medical Assistants at MIT Health and Wellness Center. I have been working for the Muckleshoot Tribe for 2 years now. I am a proud parent of 2 daughters; Venicia age 6 and Aridessa 13 months.

I moved out of the bustling Metropolis of Los Angeles in 2004 and settled near the salt waters of Puget Sound (Tacoma). What I love most about the Great Northwest is being able to experience all of the four seasons and getting the best of both worlds when it comes to outdoor adventures.

I have two dogs; a black lab named Rocco and a Chihuahua named Chase "fraidy cat". My dream car is the land yacht car you see me drive every day (the 1993 Cadillac Fleetwood). It's a smooth sailings ride. When it comes to movies, I like seeing comedy or mystery films. When it comes to sports, I like seeing the Seahawks or watching the Lakers add another championship to their club. My first record I owned was Brenton Wood's 18 Best Album (it's an oldie but goodie people).

I like working with the Native American community and strive my best to learn the beautiful traditions and culture of Native Americans. My first Pow Wow experience was at Muckleshoot and the sound of the



beating drum and the chants of the men and women was a spiritual experience. Thank you for the opportunity for letting me work in your community.

*With Respect,
Jesse Robles*

"The Nicaraguan Caballero"

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health


What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!
By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016

Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.

Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



WHAT ARE THE SIGNS OF HEROIN USE?

Definitive signs of heroin use include:

- Needles or syringes not used for other medical purposes
- Burned silver spoons
- Aluminum foil or gum wrappers with burn marks
- Missing shoelaces (used as a tie off for injection sites)
- Straws with burn marks
- Small plastic bags, with white powdery residue
- Water pipes or other pipe

from loved ones, or unexplained absence of valuables

- Hostile behaviors toward loved ones, including blaming them for withdrawal or broken commitments
- Regular comments indicating a decline in self esteem or worsening body image
- Wearing long pants or long sleeves to hide needle marks, even in very warm weather


Users build tolerance to heroin, leading to increases in the frequency and quantity of heroin used. With growing tolerance, more definitive physical symptoms of heroin use and addiction emerge:

Behavioral noticeable with heroin addiction include:

- Lying or other deceptive behavior
- Avoiding eye contact, or distant field of vision
- Substantial increases in time spent sleeping
- Increase in slurred, garbled or incoherent speech
- Sudden worsening of performance in school or work, including expulsion or loss of jobs
- Decreasing attention to hygiene and physical appearance
- Loss of motivation and apathy toward future goals
- Withdrawal from friends and family, instead spending time with new friends with no natural tie
- Lack of interest in hobbies and favorite activities
- Repeatedly stealing or borrowing money

- Weight loss-they may wear big clothes to hide their weight loss..
- Runny nose (not explained by other illness or medical condition)
- Needle track marks visible on arms
- Infections or abscesses at injection site
- For women, loss of menstrual cycle (amenorrhea)
- Cuts, bruises or scabs from skin picking

For effective Heroin Treatment Solutions Call Us We Have the Answers Muckleshoot Behavioral Health 253-804-8752 Ask to talk to a counselor



SEEKING CCDF PROVIDERS

Do you have a genuine love of children and enjoy seeing them thrive in a safe and comfortable environment.

Could you provide nurturing and fun learning experiences for a neighbor, friend, or family member's child/ren.


We are seeking individuals that can offer – flexible or set days & hours for children between the ages of 0 through 12 years of age.

Give the Muckleshoot Indian Tribe's CCDF Program a call and see how you could get paid for providing childcare services.


Call: Linda Eyle @ 253-876-3016, come by the MECE Building or, send me an Email: linda.eyle@muckleshoot.nsn.us.

Our children are our most precious resource. Parents shouldn't have to struggle to provide quality, affordable care when working, attending schooling, or training opportunities. Please partner with me in protecting this resource!

15599 SE 376TH St Auburn, WA 98092



May is Volcano Awareness Month



What? Volcano/Lahar Seminar

Where? Elders Complex


When? May 21st, 2016

Why? So that tribal and community members can learn to raise AWARENESS, know the risks and impacts of the ACTIVE VOLCANO that is sitting in our back yards which is beautiful to look at on a daily basis until she decides to wake up!

Who? A seminar hosted by the Elders Complex along with MIT Emergency Management facilitated by the Washington Emergency Management Division

Time? 11:00am – 1:00pm, come with your questions about the Volcano and learn to prepare!

Food and beverages will be provided along with a limited number of drawings for emergency kits, families with children are encouraged to attend.



See you in May!
Questions or Comments can be directed to Ada.McDaniel@muckleshoot.nsn.us



MUCKLESHOOT'S WAVE OF WELLNESS

SAVE THE DATE: April 23, 2016

This is a full-day spring event taking place at Muckleshoot Tribal School and hosted by All My Relations Fitness. Its purpose is to encourage, inspire, motivate and support each other on our wellness path. It will tap into your physical, mental, emotional and spiritual aspects to build up a healthier you – and a healthier Tribe.

From youth to elders, all are invited to take part in high impact or low impact exercises, including CrossFit, weight training, basketball drills and conditioning. Learn about traditional medicines and food, Shaken Baby Awareness, Elders health and nutrition classes, and natural soap making, plus much more. Gyasi Ross will be the guest speaker. Breakfast and lunch will be served.

With Native Americas being stricken in disproportionate numbers with diabetes and heart disease, this is an ongoing effort coming in "waves" to encourage, inspire, motivate and support one another on our paths to wellness.

This event is in honor of Heart Awareness ♥

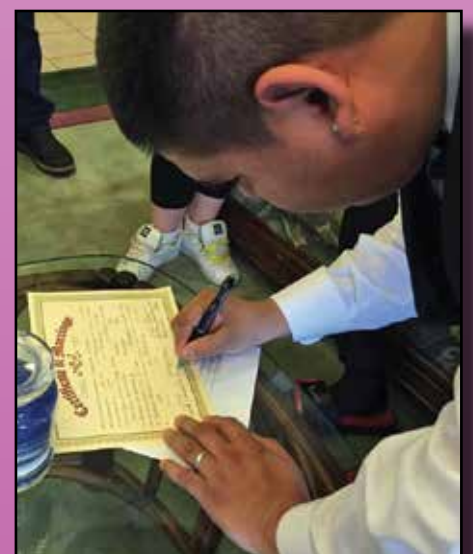
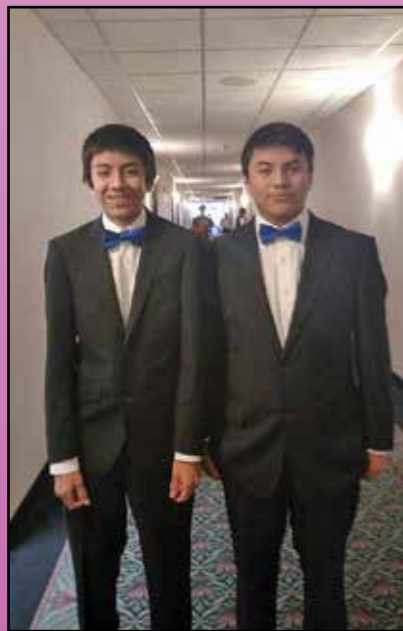
More details to come as the event date nears.



**For more information, contact
Angelica Roberts at 360-509-5329**

Richard & Maritza Leonard Wedding

Shilo Inn, Ocean Shores, Washington - February 19, 2016



RULES OF THE ROAD DRIVING SCHOOL
 Driving School (253) 860-6758 | Licensing Office (253) 329-6577
 2993 Griffin Ave., Enumclaw, WA 99022
www.rulesoftheroaddrivingschool.com

DO YOU NEED HELP GETTING YOUR DRIVER'S LICENSE BACK?

The **NORTHWEST JUSTICE PROJECT** provides free (non-criminal) legal services for people who cannot afford a lawyer in Washington.

If you need your driver's license so that you can work and your license was suspended for one of the following reasons, we may be able to help:

- Unpaid Traffic Fines
- Suspension due to a car accident when you were uninsured
- You have one or more convictions for driving with a suspended license and you still have unpaid fines even though the suspension period is over

In order for us to assist you, the court must have already ruled on your traffic citations. The court can rule even if you did not come to court.

NOTE: We are unable to assist where a license is suspended for failure to pay child support or certain criminal traffic convictions, such as DUIs.

To find out whether you qualify for assistance, call the toll-free hotline weekdays from 9:10AM to 12:25PM at:

(888) 201-1014

THE ALLIANCE | LSC | NJP

NOTICE OF PETITION FOR NAME CHANGE
 Case No. MUC-NC-02/16-025
 PETITIONER: Rita Andrews on behalf of minor child M.B., DOB: 09/28/2004
 Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172nd Ave SE, Auburn, Washington on or before the hearing scheduled for April 5, 2016 at 10:00 AM.

Community Service Hours

Tribal and community members needing to complete community service hours obligations for the courts can come see me at the Phillip Starr Building. If you have community service hour obligations and need to start working on them, I can set you up for a place to work them off so you can complete them. Please contact me at 253-876-3153 or email me at walter.pacheco@muckleshoot.nsn.us.

Cultural Events
The Cultural Program Instruction Schedule:

Culture Song, Dance & Dinner
 When: Every 2nd Tuesday of the month: Canoe Family song & dance - 5:30 to 7:30 PM

Get Your Weave On! Weaving with Gail WhiteEagle
 When: Tuesdays (except 2nd Tuesday's) - 12:00 PM to 8:00 PM
 Wednesdays & Thursdays - 9:00 AM to 5:00 PM
 Both are at the Canoe Family Clubhouse

Sewing Projects with Pauline Lezard & Sandy Heddrick
 When: Workshop times are every Tuesday thru Thursday. They include beading and sewing instruction. Sewing Projects are located at the Lemmon Tree Lane office located next to the Virginia Cross Education Center.

Classes are open to all community members and tribal employees.

Muckleshoot Tribal Businesses

Interested in the bidding for
Janitorial & Landscaping Contracts
 for the year of 2016

Contact: Katie Brown @ 253-876-3354 or katie.brown@muckleshoot.nsn.us
 Jaclyn Redding @ 253-876-3340 or jaclyn.redding@muckleshoot.nsn.us

Janitorial Info by Mid April 2016
 Landscaping Info by Mid February 2016

Hunters Information

The winners of the \$1,000 gift cards are: Brodie Hoffer & Henry Miller

This is a drawing for hunters who did not get any fines in 2015 season.

There will be a meeting on March 15th from 12pm to 2pm @ Fish Commission Conference Room to discuss some legal issues going on with our tribal hunting rights. We encourage all tribal members to attend.

The Annual Hunters Meeting is scheduled for JULY 12, 2016 @ PSB COUGAR ROOM. MUST BE PRESENT TO ENTER THE SPECIAL HUNT DRAWING, AND MUST SIGN IN BEFORE 6PM. NO ONE IS ALLOWED TO ENTER THE DRAWINGS AFTER 6PM.

Goat and Sheep drawings will be on JULY 19, 2016 AT 6PM AT THE PSB COUGAR ROOM.

From the Tribal Credit Office....

Bi-Weekly payments vs. Semi-Monthly payments

If you have a loan/s in our program, the payments are set up on a bi-weekly basis. This means there will be 26 payments in a year. The Home Loans are set up on a semi-monthly payment schedule, which means 24 payments are made in a year's time. In the month where there are 3 pay periods, our loan payments will continue as scheduled. The Home Loans will not pull a payment on the 3 pay period of the month.

Tomanamus Forest Permits

Get them at the Wildlife Department at the Phillip Starr Building. Bring in a copy of your vehicle insurance and a license plate number Tribal Members Only. The permits are FREE. Office Hours are 8am to 5pm Monday thru Friday.

Community Classes

The Cultural Program
2016 Class Schedule

Culture Song, Dance & Dinner
 When: Every 2nd Tuesday of the month: Canoe Family song & dance. 5:30 to 7:30 PM
 Food & drinks will be provided.

Get Your Weave On!
 When: Tuesdays (except 2nd Tuesday's) 12:00 PM to 8:00 PM
 Wednesdays & Thursdays 9:00 AM to 5:00 PM
 Where: Canoe Family Clubhouse @ 38907 172nd Ave SE. (In-between the Community Resources and Muckleshoot Police buildings)

Classes are open to all community members and tribal employees.

For questions regarding the Weaving class: Please contact: Gail White Eagle 253-876-3052
 For questions regarding Culture Night: Please contact: James Smithkin 253-876-3013

MUCKLESHOOT TRIBAL COURT OF JUSTICE
 IN AND FOR THE MUCKLESHOOT INDIAN RESERVATION
 AUBURN, WA 98092

IN RE THE WELFARE OF: } Case No.: MUC-J-01/16-013
 E.C.M. }
 DOB: 06/30/2015 } NOTICE OF FACT FINDING HEARING As to Father
 An Indian Youth }

TO: Darlene Moses, Mother
 Ever Chavez-Juarez, Father
 Laurel Kelly, MCFS Pal
 Annie Harlan, Presenting Officer

YOU AND EACH OF YOU will please take notice that a FACT FINDING Hearing regarding the above-mentioned youth has been scheduled for TUESDAY the 5th day of April, 2016, AT 10:30 am in the Muckleshoot Tribal Court of Justice located at 39015 172nd Avenue SE, Auburn, WA 98092.

The purpose of this hearing is to: 1) Hear testimony on the facts of the case; 2) to determine whether or not there is CLEAR AND CONVINCING EVIDENCE that the youths are YOUTH IN NEED OF CARE, and in need of Tribal Court supervision as wards of this court; 3) whether out-of-home placement of the youth is necessary and 4) any other action necessary for the youth's best interest; 5) whether filings were timely and appropriate.

You may pick up a copy of MCFS Pal's Court Report from the court clerk's office three working days prior to the hearing. Pursuant to Section 12.A.03.070; Title 12, a Petition for Fact-finding must be filed within fifteen days of the Preliminary Inquiry and sent to all parties. The Parties shall be notified of the hearing at least (10) days prior to the hearing. The Fact-Finding hearing must be conducted within 40 days after the Petition for Fact-Finding is filed or the conclusion of the Preliminary Inquiry, whichever comes last, pursuant to Section 12.A.03.080, Title 12 of the Youth Codes.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at the hearing at your own expense-meaning that they will be solely responsible for any fees charged by the person.

If a party fails to appear the Court may, in his or her absence, take legal custody of the child, make the child a ward of the Court, and take any other action that is authorized by law.

If you have any questions regarding the nature of this hearing or the location of the court, please call the Court Clerk at 253-876-3203.

Dated this 28th day of January, 2016

/s/ Julia R. Brown
 MIT-Clerk Of The Court

MUCKLESHOOT TRIBAL COURT OF JUSTICE
 IN AND FOR THE MUCKLESHOOT INDIAN RESERVATION
 39015 172nd AVENUE SE
 AUBURN, WA 98092
 (253) 939-3311 FAX 3203

EVENTS CALENDAR

March 17 **Muckleshoot Child Care Development Fund (CCDF) Public Hearing.**
 12 pm - 2 pm, Appetizers
 5 - 7 pm Dinner
 253-876-3056 ext 3915/3016

March 25 **21st Annual Pow Wow -**
 Enumclaw High School, 7pm Grand Entry.

March 28 **Town Hall Meeting**
 6pm - 8pm in the Cougar Room, Phillip Starr Building

April 23 **Muckleshoot's Wave of Wellness,**
 Contact Angelica Roberts
 360-509-5329

May 21 **Volcano/Lahar Seminar,**
 11am - 1 pm, Elders Complex

June 7 Per Capita Distribution Cougar Room

June 8 Per Capita Distribution Cougar Room

June 9 Per Capita Distribution Finance Building

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
Muckleshoot.Monthly@muckleshoot.nsn.us

Muckleshoot MONTHLY

READ THE MUCKLESHOOT MONTHLY ON-LINE AT:
<http://www.muckleshoot.nsn.us/community/muckleshoot-monthly.aspx>

SUBSCRIBE TO THE MONTHLY...

The Muckleshoot Monthly is delivered free of charge to members of the Muckleshoot Tribal Community. You can help us to serve you better by providing us with an up-to-date address. Please fill out the form below and mail it to:

MUCKLESHOOT MONTHLY
 39015 - 172nd Ave. SE
 Auburn, WA 98092

clip and return
 SUBSCRIPTION REQUEST
 / ADDRESS UPDATE

[] New subscription [] Address change

Name _____
 Address _____
 City & State _____ Zip _____

If this is an address change, list previous address:
 Address _____
 City & State _____ Zip _____

[] I am a Muckleshoot tribal member,
 [] I have ties to the Muckleshoot Tribal Community Please explain: _____

Muckleshoot Monthly
 John Loftus, Managing Editor
 Evan Avila, Assistant Editor
 39015 172nd Avenue SE
 Auburn, WA 98092

Muckleshoot Tribal Council
 Virginia Cross, Tribal Chair
 Louie Ungaro, Vice-Chair
 Charlotte Williams, Secretary
 Nick Bennett, Treasurer
 John Daniels Jr., Council-member elect
 Jaison Elkins, Council-member elect
 Jeremy James
 Mike Jerry Sr.
 Kerri Marquez
 Anita Mitchell
 Marie Starr

2016 Per Capita Deadlines and Schedule

May 31, 2016 - Enrollment Cut Off Date for September 2016 Per Capita
 June 7, 2016 - Per Capita Distribution Cougar Room
 June 8, 2016 - Per Capita Distribution Cougar Room
 June 9, 2016 - Per Capita Distribution Finance Building





Christopher Edwin Howe, Jr.

Born at 10:04am on March 3, 2016

9 pounds, 14 ounces; 21 inches long

Proud parents: Tara James-Vasquez & Christopher Howe

Also, baby shares a birthday with his Auntie Stephanie James-Lauaki and Cousin Bichsel Set!

Happy Birthday!

Happy Birthday Moon W. Martin Sr. (3/27)

Happy Birthday Alesha Lee Martin (3/21)

-Jennie Martin



“Donald Jerry Jr. with his 7x7 bull elk that won 1st place in Youth at 2015 Sportsman’s show.. He scored 381 3/8... Good job Son, I’m proud of you, your Dad taught you well!! Good thing your Cousins were there to help pack this monster out and put in the truck!!” - Xoxoxo Mom”



“Happy 9th Birthday (March 5th) Dahawnee Mae Moses”

- Love, Dad, Mom, Dakota & Desmond

“A Happy 32nd Birthday Mona (March 17th).

Have a good day...” - Love Albert, Dakota, Desmond & Dahawnee



Audree Teigen Jones

joined our world on January 18, 2016, weighing 7 pounds 8 ounces and measuring 20.5 inches long.



Birth Announcement



Emily J. Ulrich was born Wednesday, November 11th, 2015 at 11:43am – Veteran’s Day Baby
Proud Parents are Samantha Milne and Dillon Ulrich, and even more Excited is the Big Sister, Dahlia Ulrich.
Proud Grandparents are Noreen Milne and Tim Milne Sr. – Joseph Masterson
Great Grandparents are Agnes Ulrich, Ken Ulrich, Sr. and Judy Masterson and Bill Masterson
And of Course she has lots of Happy Aunties, Uncles and Cousins that were happy she arrived!
We’ve had so much fun with her already and she is already 3 Months old!



Pictured: Theresa Baker, Frances Price, and Eva Jerry.
A special thank you goes out to Frances Price for helping us find the correct identities of those pictured above.

JOIN OUR TEAM THIS SPRING & SUMMER AT EMERALD DOWNS



PART TIME SEASONAL WORK

- Food & Beverage • Customer Service •
- Parking • Housekeeping •

Plus we are looking for extra team members for just our busiest and most popular days. A great way to earn extra cash!

2016 SEASON APRIL 9 - SEPTEMBER 11

For a complete list of available positions go to emerald downs.com
253.288.7000

